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THEORY



OF

FENCING WITH THE FOIL IN FORM OF A CATECHISM.



BY

GEO. HEINTZ, SR.

SS. MASTER OF THE SWORD AT THE U. S. NAVAL ACADEMY,
ANNAPOLIS, MD.



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2007 DEPARTMENT



THEORY OF FENCING IN FORM OF A CATECHISM.

OF G. DE LAUNAY, ESQ.

QUESTION: 1. To what principal point should the instructor direct the attention of the pupil at the beginning of instruction?

ANSWER: To a correct attitude of the body in the position of defence.

QUESTION: 2. Why so?

ANSWER: Because the position of defence is the foundation in fencing from which all attacks occur, and at which all defences are made; whenever we advance or retreat it is from this position and after each attack we have to return to this position.

A correct position is the first essential.

QUESTION: 3. How does the fencer develop from fundamental to position of defence?

ANSWER: He turns on the left heel in eighth turn to the left, (half face left) placing the right heel in front of the left so that both feet form a right angle between them.

The left shoulder is well drawn back; the left arm hangs naturally down behind the body, palm of the hand to the left; the right arm is extended obliquely downward; arm and foil are in one straight line; the right hand holds the handle of weapon, the thumb is directed upward and the point of the foil is about five inches from the ground and in a straight line with the right toe.

From this position the foil is raised over the right shoulder, swiftly swung in front of body to the left and held horizontally under the back of the left hand, (both arms straight); thence raised without pause into position of engagement: right hand as high as the breast; elbow about five or six inches from the hip and in line of it; point of foil as high as the chin; at the same time the left arm is elevated to a half circle behind head and left shoulder. Now both legs are bent, knees well outward and finally the right foot is placed smartly at a distance of about three feet its length in straight line with the left heel of the front. The position of trunk and head is unchanged.

QUESTION: 4. How does one test a good equilibrium of body in position of defence?

ANSWER: It is tested by a double "appel."

QUESTION: 5. How is a *double "appel"* executed?

ANSWER: The foot in front is somewhat elevated and taps twice the ground in quick succession on the same place.

QUESTION: 6. How does one *orm* the position of defence *close to the front or rear*?

ANSWER: *To close to the front* is executed by extending the right arm, while the left arm drops to the left side and at the same time by bringing the left heel towards the right and extending both legs with body erect.

To close to the rear is executed in the same manner, with the exception that the right foot closes to the left heel.

QUESTION: 7. How is the *advance* executed?

ANSWER: The right foot is placed cautiously and quickly about 8 to 12 inches to the front, followed by the left at the same distance without deranging the position of defence.

QUESTION: 8. How is the *retreat* executed?

ANSWER: This is in reversed order of the advance; the left foot is placed about 8 to 12 inches directly to the rear, followed by the right foot with a light "appel" when placed down again.

QUESTION: 9. *When* does one *advance*?

ANSWER: One advances to shorten or keep correct distance.

QUESTION: 10. *When* does one *retreat*?

ANSWER: One retreats to avoid a too close distance.

QUESTION: 11. What is meant by *distance*?

ANSWER: The distance is the interval between two opponents. It is a correct distance, when the point can reach the opponent in a lunging position.

QUESTION: 10. How is the *extension of the arms* executed?

ANSWER: By extending both arms to their full length quickly but without any jerk; right and left hands as high as the shoulder and point in line with the breast of your opponent. In order to resume the original position draw in your right hand quickly without jerking, at the height of the breast, elbow about 5 to 8 inches from the hip and in line of it, left arm in half circle behind the body.

QUESTION: 13. How is the *lunge* executed?

ANSWER: The lunge is performed by extending both arms and left leg, while the right foot advances about twice its length, keeping at right angle with the left foot.

QUESTION: 14. What is the *correct posture of the body in the lunging position*?

ANSWER: A correct lunge has the following characteristics: The left foot is flat on the ground, the left leg is perfectly extended, the right foot is at a distance of about four feet in straight line with the left heel, the right knee is vertically above the instep of the right foot; the left hip is well pressed back; the left hand is about 3 inches above the left leg, the thumb upward and the palm of the hand directed to the left; the right hand at height of forehead and the point of the foil as high as the chest.

QUESTION: 15. How does one *return from a lunge* into a correct position of defence?

ANSWER: One returns into position of defence by pressing from the ground with the right foot, relax and rebend the left leg, toss up the left hand and draw in the right arm to its correct place and resume the position of defence.

QUESTION: 16. How many *openings* do we distinguish in position of defence?

ANSWER: We distinguish 4 openings.

QUESTION: 17. Describe them and how are they called?

ANSWER: There is an *upper and lower outward* and an *upper and lower inward opening*. The opening above the hand outward is called the *tierce opening*, the one above the hand inward the *quarte opening*, below the hand outward the *lower-tierce opening*, below the hand inward the *lower quarte opening*.

QUESTION: 18. In how many parts do we divide the sword-blade, and how are the different parts called and what are they used for?

ANSWER: The blade is divided into 3 equal parts. The first third from the point downward to the guard is called the "*feeble*" and is used for thrusting. That third part from the hilt upward is called the "*fort*" and is used for parrying. The *middle* part is the part between the "*feeble*" and the "*fort*" and is the part where the engagement takes place.

QUESTION: 19. What is an *engagement*?

ANSWER: The engagement is the touch of the blades. It may take place either on the inner or outer line.

QUESTION: 20. How is an *engagement* executed?

ANSWER: An engagement is executed by describing from either inner or outer line a small circle below the opponent's blade and then coming in contact at the other side of the blade. At the same time both fencers cover themselves by moving the hand to the side where the engagement takes place.

QUESTION: 21. What is a *double engagement*?

ANSWER: A double engagement is two successive changes of engagement executed swiftly. Opposition is taken on the 2nd change.

QUESTION: 22. What different kinds of parries are used?

ANSWER: We use parries by *simple oppositions*, parries by *counters*, parries with a *beat or chassey*, and parries by *encircling*.

QUESTION: 23. Explain the same!

ANSWER: A *parry by opposition* is simply to oppose our blade against that of our opponent, so that the thrust slips along our blade and just passes our body.

A *counter parry* is a circular parry and is executed by following with a steady hand the opponent's blade with our own and bringing it to the same side again from which it started.

A *parry with a beat or chassey* is to force the opponent's blade out of the line; it can be used with simple as well as with counter parries.

A *parry by encircling* is one which takes place from either high to low line, or from low to high line in the opposite direction, and is generally combined with a return thrust.

QUESTION: 24. How is the *simple parry of tierce from the quarte engagement* performed?

ANSWER: The parry is performed by moving the hand and blade about six inches to the right in line with right shoulder, point of sword parallel with the hand.

QUESTION: 25. How is the *simple parry of quarte from the tierce engagement* performed?

ANSWER: The parry is performed by moving the hand and blade about six inches to the left in line with left eye, point of sword parallel with the hand.

QUESTION: 26. How is the *parry of lower quarte performed from quarte engagement*?

ANSWER: The hand remains at the same height, the point of the sword performs a half circle large enough to evade the opponent's blade from right to left downward at height of hip. Hand and foil are now in straight line forward and downward.

QUESTION: 27. How is the *parry of lower tierce performed from tierce engagement*?

ANSWER: The hand remains at the same height, the point of the sword performs a half circle, large enough to evade the opponent's blade from left to right downward at height of hip. Hand and foil are now in straight line forward and downward.

QUESTION: 28. How is the *parry of seconde from tierce engagement* performed?

ANSWER: The parry of seconde is performed by describing with the point of the sword a half circle from left to right, large enough to evade the opponent's blade; at the same time the hand is turned, thumb downward but mostly to the right, the hand is slightly

lowered and the arm extended; the point is directed towards the opponent's chest. The hand is slightly outward from right hip.

QUESTION: 29. How is the *parry of quinte* performed?

ANSWER: The parry of quinte is performed by pressing the opponent's blade to the left downward, hand slightly turned, thumb on top, point directed slightly left and to the front.

QUESTION: 30. How is the *parry of low prime* performed?

ANSWER: The parry of low prime is performed by turning the hand, thumb to the left; at the same time the point moves slightly to the right and then is lowered towards the left side, blade vertical between both legs; the right hand is close in front of left shoulder, the thumb toward the body. (This parry is mostly used in combination with a return cut.)

QUESTION: 31. How is the *parry of high prime* performed?

ANSWER: The parry of high prime is performed in the same manner as of low prime, with the exception that the hand is drawn to the left side of head and the point of the sword is directed forward toward the opponent.

QUESTION: 32. How are the *counter parries performed from the different positions* just described?

ANSWER: If we are engaged in *quarte* and the attack take place in high line of *tierce*, perform a circular motion with the point of the sword under the opponent's blade, so as to parry *quarte* again.

If engaged in *tierce* and the attack take place in high line of *quarte*, perform with the point of the sword a circular motion under the opponent's blade, so as to parry *tierce* again.

After the *parry of lower quarte* is formed and the attack take place in lower *tierce*, perform with the point of the sword a circular motion over the opponent's blade, so as to parry lower *quarte* again.

After the *parry of lower tierce* is formed and the attack take place in lower *quarte*, perform with the point of the sword a circular motion over the opponent's blade, so as to parry lower *tierce* again.

After the *parry of seconde* is formed and the attack take place in lower *quarte*, perform with the point of your sword a circular motion over the opponent's blade, so as to parry *seconde* again.

After the *parry of quinte* is formed and the attack take place over the arm, perform with the point of your sword a circular motion under the opponent's blade, so as to parry *quinte* again.

After the *parry of high prime* is formed and the attack take place into outer line, perform with the point of the sword a circular motion over the opponent's blade, so as to parry *prime* again.

QUESTION: 33. How are the *parries by encircling from the different lines* performed?

ANSWER: *To encircle flank from the parry quarte or counter of quarte.*

It is performed by parrying quarte or counter of quarte with the fort of the blade on that of the opponent's feeble, then press the blade downward with a swift and circular motion upward again, and extend the arm in full with a strong opposition to the right.

To encircle flank from the parry tierce or counter of tierce.

It is performed by parrying tierce or counter of tierce with the fort of the blade on that of the opponent's feeble, then press the blade downward with a swift and circular motion upward again, and extend the arm in full with a strong opposition to the left.

To encircle lower quarte.

It is performed by parrying lower quarte and at the moment the blade comes in contact with that of the opponent's, swiftly raise the blade in high line of tierce and extend the arm in full with a strong opposition to the right.

To encircle lower tierce.

It is performed by parrying lower tierce and at the moment the blade comes in contact with that of the opponent's, swiftly raise and extend the arm in high line of quarte with a strong opposition to the left.

To encircle seconde is similar to that of lower tierce with the exception that you first parry seconde and then encircle in high line of quarte.

QUESTION: 34. What is a *feint*?

ANSWER: Feints are sham or false attacks. They differ from a real attack in that the point of the sword does not touch the body of the opponent and is executed only with the arm fully extended without stiffness so that your opponent takes it for a real attack and, therefore, is obliged to parry it. In that moment you must be ready to avoid his parry by quitting your point to the opposite side where the parry took place and lunge. Care must be taken that the body does not move sooner than the point and the lunge should be only executed with the last motion of a feint, whether the feint be a simple or a compound one.

QUESTION: 35. What is meant by the word "*deceive*"?

ANSWER: To deceive is to avoid a parry of your opponent in whatever direction it may take place. We can deceive a parry, formed in high line, in high line again, or we deceive a high parry in lower line; we can also deceive a parry, formed in lower line, in lower line again, or we deceive a lower parry in high line.

QUESTION: 36. What different *kinds of attack* do we use?

ANSWER: We use *swift attacks, false attacks, attacks on the blade and return attacks.*

QUESTION: 37. What is a *swift attack*?

ANSWER: A swift attack is to attack the opponent by a simple or

compound attack in which we avoid coming in contact with the opponent's blade except on the last motion with the lunge when the parry takes place.

QUESTION: 38. What is a *false attack*?

ANSWER: A false attack is feigning a real attack and is executed with a half lunge in order to draw an attack on one's self; in this case we are prepared to parry and return swiftly. The false attack is useful against ambitious opponents and those who favor time thrusts.

QUESTIONS: 39. What are *attacks on the blade*?

ANSWER: Attacks on the blade are made *by the pressure, the beat, the graze, the chassey and the encircling*.

QUESTION: 40. How and for what is *the pressure* executed?

ANSWER: The pressure is executed by pressing with our feeble the feeble of the opponent's blade with more or less force in order to gain an opening for an attack.

QUESTION: 41. How is *the beat* executed?

ANSWER: The beat is executed by slightly absenting the blade and making a quick and light beat with the fingers and thumb only on the opponent's blade and immediately extending the arm.

QUESTION: 42. How is *the graze* executed?

ANSWER: The graze is executed by leveling the blade without absenting it from that of our opponent's, then strongly grazing it from feeble to fort, arm extended and in opposition.

QUESTION: 43. What is a *chassey* and how is it executed?

ANSWER: The chassey is a strong beat combined with a graze and is executed by absenting the blade an inch or two and quickly beating and grazing the opponent's blade from feeble to fort but without coming in contact with the hilt of the opponent's weapon. After the chassey the point must be directed toward the opponent.

QUESTION: 44. How is the *counter beat* or *counter chassey* executed?

ANSWER: The counter beat or counter chassey is executed by passing your point under the blade of your opponent so that it comes up on the opposite side to the engagement; then beat or chassey with full extension.

QUESTION: 45. *When and how do you attack* the blade of your opponent *by encircling*.

ANSWER: If the opponent should hold foil too straight and you are engaged in quarte, feel the opposing blade with fort on feeble and swiftly encircle the blade from quarte into quarte again with a strong opposition to the left and lunge. If engaged in tierce, feel the opposing blade with fort on feeble and swiftly encircle the blade

from tierce into tierce again with a strong opposition to the right and lunge.

QUESTION: 46. What do we understand under *return attack*?

ANSWER: Under return attacks we understand the quickest passage from a parry to an attack; it takes only a moment to execute a return after a parry, the returns should therefore be always executed into the next opening. It is a matter of course that the quicker a return is executed, the more likely do we succeed in the attack.

The returns are the most secure mode to touch the opponent without being touched one's self, and it distinguishes always a good fencer who waits for the attack and makes use only of the returns, because awaiting the attack of the opponent generally manifests a cool and steady resolution, a sharp observation of the opponent, a quick selection and a perfect knowledge of the corresponding counter motion.

QUESTION: 47. What is meant by "*Remise*" and *how is a Remise executed*?

ANSWER: A Remise is a second thrust after the lunge, and is executed if the opponent does not return at all or is slow in returning. It is executed by a slight drawing back of the body and thrust again at your opponent, but the arm must not be drawn back.

QUESTION: 48. What is meant by "*Reprise*" and *how is a Reprise executed*?

ANSWER: The Reprise is a double attack and is executed after a lunge and at the instant the two opponents are resuming guard or even before the guard is completed. It must be done with the greatest swiftness which a fencer commands.

The second attack may be a simple or compound attack.

QUESTION: 49. What is a *Stop thrust*?

ANSWER: The stop thrust is a thrust which you use on a fencer who attacks you by advancing, or by several swift advances to come close on you in order to make parrying difficult in case you do not retreat for keeping proper distance; but the attack must be executed without a moment's hesitation at the moment the opponent lift his foot to advance on you. The stop thrust may also be used on any preparatory motion of the body of your opponent, such as moving the body slightly backward in order to get more power for the lunge, or on the movement of the body forward with the advance of the left foot etc.

QUESTION: 50. What is a *time thrust*?

ANSWER: A time thrust is a thrust which is always executed on the final attack of our opponent, either on the inner or outer line without lunge but with a full extension and a strong opposition. It requires great precision and judgment to execute it correctly and at the right time.

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QUESTION: 51. How is the *attack of the straight thrust from either quarte or tierce engagement* executed?

ANSWER: The straight thrust is executed from the engagement quarte, by extending the arm with opposition to the left; the point of the sword is directed to the nipple of the opponent, then lunge. From the engagement tierce, the same with opposition to the right.

QUESTION: 52. How is the *disengagement from either quarte or tierce engagement* executed?

ANSWER: The disengagement is executed from the engagement quarte, by passing the point (by aid of the fingers and wrist only) under the wrist or forearm of your opponent into outer line; at the same time the arm will be extended with the opposition to the right, point directed to the nipple, then lunge.

From the engagement tierce, the same to the inner line with opposition to the left.

QUESTION: 53. How is the "*cut over*" from *either quarte or tierce engagement* executed?

ANSWER: From engagement quarte elevate the point and pass the blade over the point of your opponent's, lower and direct the point to the nipple by extending the arm, then lunge, with opposition to the right.

From the engagement tierce, the same to the inner line with opposition to the left.

QUESTION: 54. *When can you attack an opponent by a straight thrust, a disengage, or cut over?*

ANSWER: We can attack an opponent by a straight thrust when the engagement is taken too loose, or the point of the sword is too far on the opposite side where the engagement takes place.

A disengagement we can use when the engagement is well taken, so that the opponent is fully covered where the engagement takes place.

A "cut over" we can use when the point of the opponent's sword is held low, or when he presses your blade too hard; we can also use the cut if the distance of the two fencers is too close, and as a return attack.

REMARK: Whenever the point of the sword meets the body of the opponent, relax the grasp of the fingers and allow the hand to rise as high as the forehead.

This means a free and light hand.

In resuming guard after a touch we must not press on the opponent's breast; the hand must be drawn in by relaxation after the delivery of the touch. This stands good for every attack which terminates in a touch.

All other necessary explanations will be given in the Course of Practical Instruction.

PRACTICAL INSTRUCTION IN FENCING.

The practical instruction in fencing is the execution of the art in all its simple and compound movements of attack and defense.

The best practical instruction is undoubtedly possible where the instructor has a single pupil before him, so that he can turn all his attention toward him alone and guide him in the beginning, wherever it is necessary, with hand and sword.

But it often happens that an instructor has to instruct too many pupils at one time, so that it becomes necessary to instruct them by classes; true, it is not very likely that an instructor can give a complete course of instruction in fencing entirely in classes without taking each pupil singly, because such class-taught pupils would have a poor show against others. I am, therefore, willing to write down a number of lessons which will be most beneficial to the pupils, provided correct instruction accompany the execution.

CLASS LESSONS.

HOW TO DEPLOY THE CLASS FOR INSTRUCTION.

The pupils align in single rank, facing front. When they are dressed, they count off by twos from the right to the left and the instructor commands:

1. In two ranks form company: 2. March!

At the first command each man faces to the right, except the first man on the right. At the second command the No. ones march up to the first man on the right and come to a front, while the No. twos march in succession behind No. one and face front.

The class being in double rank, the instructor commands:

*1. By the left (or right) flank two paces take intervals: 2. March!
3. Halt!*

At the first command each man faces left (or right), except the right (or left) file. At the second command the leading file steps off, followed by the next file by a distance of two paces, and so on. At the third command all come to a halt and front.

Having taken the intervals the instructor commands:

1. In rear open order: 2. March!

At the first command the rear men on the right and left wing step four paces back. At the second command the front rank will stand fast, the rear rank will step to the rear and align themselves on the right guide.

The instructor will place himself on the right flank in order to observe if the alignment is correct. If so, he commands:

1. Front! 2. Rear rank one pace left (or right) sideward: March!

If the instructor wants to dismiss the class after instruction he commands:

1. Rear rank one pace to the right (or left): March! 2. Close order: March! 3. By the right (or left) flank close intervals: 4. March!

At the first command the rear rank steps one pace to the right (or left). At the second command the rear rank will close up in quick time to the front rank. At the third command all face to the right (or left), except the right (or left) file. At the fourth command all march off together till they come to their proper places, then come to a halt and front.

CLASS FENCING.

First Part.

Three Preliminary Lessons in Single Rank.

FIRST LESSON. (Without Arms.)

After taking intervals and open order the Instructor commands:

1. Half face to the left;
2. Bend your knees; (stretch and bend several times.)
3. On guard;
4. Two appels;
5. Close to the rear or close to the front;
6. Advance;
7. Retreat;
8. Retreat and two appels;
9. Extend the left leg;
10. Resume guard;
11. 1, Extend the left leg; 2, Lunge;
12. Resume guard;
13. 1, Lunge in one time; 2, Resume guard and retreat;
14. 1, Lunge; 2, Resume guard and leap to the rear.

EXERCISES OF THE LEGS.

15. 1, Lunge; 2, Raise your body up and down; (several times.)
16. Rock on left and right leg; (several times.) Resume guard.

EXPLANATIONS.

1. Each man turn on the left heel an eighth turn to the left, placing the right heel in front of the left, so both feet form a right angle. (Hands on hip.) Body erect, left shoulder well back.
2. Bend both knees, so the right knee is vertically above the instep of the right foot and the left knee vertically above the left toe.
3. Place the right foot twice its length to the front in a straight line with the left heel smartly on the ground, without deranging the upper part of the body.
4. Tap the floor twice in quick succession with the right foot on the same place.
5. Bring the right heel toward the left heel and extend both legs, or bring the left heel toward the right and extend both legs.
6. Place the right foot cautiously and quickly about 8 to 12 inches to the front, followed by the left foot at the same distance without deranging the upper part of the body.
7. Place the left foot 8 to 12 inches directly to the rear, followed by the right with a light appel when placed down again.

8. Immediately after the retreat top the floor twice in quick succession with the right foot.
9. Keep the left foot flat on the ground and extend the left leg in full, right knee vertically above the right toe.
10. Re-bend on the left leg and resume the former position.
11. After the extension of the left leg, keep the left foot flat on the ground and step forward with the right foot about 24 inches in a straight line with the left heel. Body erect, left hip well back, and right knee vertically above the instep of the right foot.
12. Relax and re-bend the left knee, and bring back the right foot to its former place with a light appel.
13. 1, Extend the left leg and at the same time step forward with the right foot to a proper lunge;
2, Resume guard and immediately the right foot touches the ground, step back with the left, followed by the right with a light appel.
14. After lunge, spring back with the right foot towards the left heel, and immediately, after touching ground, spring back with left about 18 to 24 inches direct to the rear followed by the right and resume position. On guard with a light appel.
15. After lunge, raise body up- and downward without bending left leg.
16. Relax and re-bend left knee, then sharply extend it again.

SECOND LESSON. (With Arms.)

After taking intervals and open order the pupils are all standing front with "Carry Sword." The Instructor commands:

1. Half face to the left;
2. Take your guard; (in 6 motions.)
3. Two appels;
4. Close to the rear, or front;
5. Take your guard; (in one time and three motions.)
6. 1, Advance; 2, Retreat; 3, Retreat two appels;
7. 1, Extend your arms; 2, Resume guard;
8. 1, Extend your arms; 2, Left leg; 3, Resume guard;
9. 1, Extend your arms; 2, Left leg; 3, Lunge; 4, Resume guard;
10. 1, Lunge in one time; 2, Resume guard;
11. 1, Advance; 2, Extend; 3, Lunge; 4, Resume guard;
12. 1, Retreat; 2, Extend; 3, Lunge; 4, Resume guard;
13. Explanation of feeble, middle, and fort of the blade;
14. Explanation of the lines of attack and defence;
15. 1, Parry quarte; 2, Extend; 3, Lunge; 4, Resume guard and cover quarte;
16. 1, Parry tierce; 2, Extend; 3, Lunge; 4, Resume guard and cover tierce;
17. 1, Parry quinte; 2, Extend; 3, Lunge; 4, Resume guard and cover quarte;
18. 1, Parry lower quarte; 2, Extend; 3, Lunge; 4, Resume guard and cover quarte;
19. 1, Parry tierce; 2, Parry lower tierce; 3, Extend; 4, Lunge; 5, Resume guard and cover tierce;

20. 1, Parry seconde; 2, Extend in high line of tierce; 3, Lunge; 4, Resume guard and cover tierce;
21. 1, Parry second; 2, Encircle in high line of quarte; 3, Lunge; 4, Resume guard and cover quarte;
22. 1, Parry tierce; 2, Parry prime (low); 3, Cut; 4, Lunge; 5, Resume guard and cover quarte;
23. 1, Parry tierce; 2, Parry prime (high); 3, Extend; 4, Lunge; 5, Resume guard and cover tierce.

EXPLANATIONS.

1. After "half face left" the left arm hangs naturally down behind the body, palm of the hand to the left, the right arm extended obliquely downward, arm and foil in one straight line; the right hand holds the foil in one straight line by the handle of weapon; the thumb is upward and the point of foil is about five inches from the ground and in a straight line with the toe.
2. *First Motion:* Raise the hand and bring the blade over the right shoulder;
Second Motion: Bring the blade in front of the body towards the left hip, back of left hand under the flat of the hand, fingers near the guard, both arms straight;
Third Motion: Raise both arms directly over head;
Fourth Motion: Drop the right hand to the height of breast, elbow about 5 to 9 inches from the hip and in line of it, point of foil as high as the chin, at the same time the left arm is falling back to a half circle behind head and left shoulder;
Fifth Motion: Bend both legs, knees well outward;
Sixth Motion: Place the right foot smartly about twice its length in a straight line with the left heel to the front. The position of head and trunk is unchanged.
3. Tap the floor twice in quick succession with the right foot on the same place;
4. Raise the right hand as high as forehead, arm extended; at the same time drop the left hand behind the body and bring the right heel towards the left or left heel towards the right and extend both legs, body erect.
5. Execute first motion; 2, Execute 2d, 3d, and 4th motion without pause; 3, Bend knees and take position of "On Guard".
6. While to advance or to retreat, work only with the lower part of the legs and don't derange the position of body and blade.
7. 1, Extend both arms to their full length quickly but without any jerk, right hand as high as the chin and the point of the foil as high as the breast, left hand in a straight line with left shoulder; 2, Draw in your right hand and resume the original position.
8. After extension of both arms, extend left leg, right knee vertical to right toe; 3, Re-bend on left leg and resume the original position.
9. After extension of both arms and left leg, advance the right foot about twice its length grazing the ground, keeping it at right angle with left foot; at the same time drop left hand about 3 inches above

left leg, the thumb upward, and the palm of the hand directed to the left. 4th, Press from the ground with the right foot, relax and rebend the left leg, toss up the left hand, draw in the right arm to its correct place and resume the original position.

10. Extend both arms and the left leg and lunge in one motion.
11. Advance and immediately, when the left foot touches the ground, lunge.
12. Retreat and immediately after appel with right foot lunge.
13. The instructor will here explain that part of the blade where the engagement takes place, also the part which you thrust and the part which you parry with.
14. The instructor will here explain the different openings, how to parry them in a simple manner and how to attack in a direct line from those parries.
15. Move the hand and blade swiftly about 6 inches to the left, point of the sword parallel with the hand; extend the arm with opposition to the left, point directed with center of the breast, and lunge.
16. Move the hand and blade swiftly about 6 inches to the right, point of the sword parallel with the hand; extend the arm with opposition to the right, point directed with center of the breast, and lunge.
17. Move the hand swiftly to the left downward, hand slightly turned, thumb on top, point directed slightly left and to the front; extend the arm with opposition left, point directed with center of the breast, and lunge.
18. Describe a half circle with the point of your sword from right to left downward, point as high as the hip; hand remains at the same height; extend the arm with opposition left, point directed with center of waist, and lunge.
19. After parrying tierce, describe a half circle with the point of your sword from left to right downward, point as high as the; hip hand remains at the same height; extend the arm with opposition right, point directed with center of waist, and lunge.
20. Describe a half circle with the point of your sword from left to right downward; at the same time the hand is slightly lowered and turned, thumb downward but mostly to the left; then turn your hand, finger nails upward, and bring the point of your sword in high line of tierce with opposition to the right, and directed with center of breast, and lunge.
21. After the parry of seconde, turn the hand, finger nails upward, and swiftly raise it in high line of quarte with good opposition to the left, point directed with center of breast, and lunge.
22. After the parry of tierce, turn the hand, thumb to the left; at the same time the point moves slightly to the right and is lowered towards the left side, blade vertical between both legs and right hand close in front of left shoulder, thumb towards the body; then describe with steady hand a full circle around body and if point is directed with center of breast extend arm with opposition left, and lunge.

3. After the parry of tierce, execute the same motions as in 22 with the exception that the hand is drawn to the left side of head, and point of foil is directed forward with center of body; then extend arm with high hand and opposition to the left, and lunge.

THIRD LESSON.

After taking intervals and open order the instructor commands:

- 1, Half face to the left; 2, Take your guard; (in one time and three motions).
- 1, Feint in line; 2, Advance; 3, Lunge; 4, Resume guard.
- 1, Feint in line; 2, Advance and lunge; 3, Resume guard.
- 1, Feint in line and advance; 2, Lunge; 3, Resume guard.
- 1, Feint in line and advance and lunge; 2, Resume guard.
- 1, Parry quarte and tierce; 2, Extend and lunge; 3, Resume guard and parry quarte.
- 1, Parry tierce and quarte; 2, Extend and lunge; 3, Resume guard and parry tierce.
- 1, Parry quarte and lower quarte; Extend and lunge; Resume guard and parry quarte.
- 1, Parry tierce and lower tierce; Extend and lunge; Resume guard and parry quarte;
- 1, Parry tierce and seconde; Encircle and lunge; Resume guard and parry lower quarte.
- 1, Parry lower tierce and lower quarte; 2, Extend and lunge; 3, Resume guard and parry lower tierce.
- 1, Parry lower quarte and lower tierce; 2, Extend and lunge; 3, Resume guard and parry tierce.
- 1, Parry seconde and prime (low); 2, Cut and lunge; 3, Resume guard and parry tierce.
- Parry seconde and prime (high); 2, Extend and lunge; 3, Resume guard and parry tierce.
- 1, Parry lower tierce and quarte; 2, Extend and lunge; 3, Resume guard and parry tierce.
- 1, Parry quinte and tierce; 2, Extend and lunge; 3, Resume guard and parry quarte.
- 1, Parry lower quarte and tierce; 2, Extend and lunge; 3, Resume guard and parry quarte.
- 1, Extend and lunge; 2, Resume guard and parry tierce and quarte.
- 1, Extend and lunge; 2, Resume guard and parry tierce and lower tierce.
- 1, Extend and lunge; 2, Resume guard and parry quarte and lower quarte.
- 1, Extend and lunge; 2, Resume guard and parry tierce and seconde.
- 1, Encircle and lunge; 2, Resume guard and parry lower quarte and quarte.
- 1, Extend and lunge; 2, Resume guard and parry lower tierce and tierce;
- 1, Extend and lunge; 2, Resume guard and parry prime (high) and seconde.

25. 1, Encircle and lunge; 2, Resume guard and parry tierce and prime (low).
26. 1, Cut and lunge; 2, Resume guard and parry tierce and lower tierce.
27. 1, Parry lower quarte; quarte; tierce; seconde and prime (low); 2, Cut and lunge, 3, Resume guard and cover quarte.

NOTE.—The exercise of the legs should be very frequently practiced.

EXPLANATIONS.

In this lesson where the pupils perform two parries in succession, always form the first in full, then swiftly form the second. If attacking from the last parry, always keep opposition and elevation of the hand in the same line where the parry took place, except when the encircling from the parry of seconde takes place; in that case keep strong opposition to the left.

REMARK: To determine how long each lesson is to be dwelt upon depends on the progress of the pupils and the pressure of circumstances. A good instructor will never pass from one lesson to another until the pupil fully understands and can execute all the previous lessons.

Second Part. (Double Rank.)

(22 Lessons in 2 Series.)

First Series: Simple Parries in 10 Lessons.

REMARK:—Before each lesson the instructor will explain to the pupils the attack and defense of each lesson. He will at first let No. 1 execute the attack and No. 2 the defense, then No. 2 attacks and No. 1 defends.

FIRST LESSON.

After taking intervals and open ranks all No. Ones (front rank) face about, both ranks come to a half face to the left and take their guard with engagement quarte.

The instructor commands:

No. 1.

1. Advance!
2. Retreat!
3. Tierce engage!
4. Quarte engage!
5. Double engage!
6. Tierce engage!
7. Double engage!
8. Retreat and quarte engage!
9. Retreat and tierce engage!
10. Advance by double engagement!
11. Retreat by double engagement!
12. Quarte engage!
13. Advance by double engagement!
14. Retreat by double engagement!

No. 2.

1. Retreat (at the same command).
2. Advance.
3. Cover in tierce.
4. Cover in quarte.
5. Cover tierce and quarte.
6. Cover in tierce.
7. Cover quarte and tierce.
8. Advance and cover in quarte.
9. Advance and cover in tierce.
10. Retreat and cover quarte and tierce.
11. Advance and cover quarte and tierce.
12. Cover in quarte.
13. Retreat and cover tierce and quarte.
14. Advance and cover tierce and quarte.

SECOND LESSON.

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| 1. 1, Quarte engage; 2, Extend; 3, Lunge; 4, On guard! | 1. Opposition in quarte. |
| 2. 1, Tierce engage; 2, Extend; 3, Lunge; 4, On guard! | 2. Opposition in tierce. |
| 3. 1, Quarte engage; 2, Extend in lower quarte; 3, Lunge; 4, On guard! | 3. Parry lower quarte. |
| 4. 1, Tierce engage; 2, Extend in lower tierce; 3, Lunge; 4, On guard! | 4. Parry lower tierce. |
| 5. 1, Extend in lower tierce; 2, Lunge; 3, Guard! | 5. Parry seconde. |

THIRD LESSON.

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| 1. 1, Quarte engage; 2, Disengage; 3, Lunge; 4, On guard! | 1. Parry tierce. |
| 2. 1, Disengage; 2, Lunge; 3, On guard! | 2. Parry quarte. |
| 3. 1, Tierce engage; 2, Disengage; 3, Lunge; 4, On guard! | 3. Parry quinte. |
| 4. 1, Cut; 2, Lunge; 3, On guard! | 4. Parry tierce. |
| 5. 1, Cut; 2, Lunge; 3, On guard! | 5. Parry quarte. |

FOURTH LESSON.

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| 1. 1, Quarte engage; 2, Feint in line and disengage; 3, Lunge; 4, On guard! | 1. Opposition quarte and parry tierce. |
| 2. 1, Feint in line and disengage; 2, Lunge; 3, On guard! | 2. Opposition tierce and parry quarte. |
| 3. 1, Tierce engage; 2, Feint in line and disengage; 3, Lunge; 4, On guard! | 3. Opposition tierce and parry quinte. |
| 4. 1, Feint in line and lower quarte; 2, Lunge; 3, On guard! | 4. Opposition quarte and parry lower quarte. |
| 5. 1, Tierce engage; 2, Feint in line and lower tierce; 3, Lunge; 4, On guard! | 5. Opposition tierce and parry lower tierce. |
| 6. 1, Feint in line and lower tierce; 2, Lunge; 3, On guard! | 6. Opposition tierce and parry seconde. |

FIFTH LESSON.

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| 1. 1, Quarte engage; 2, Mark 1—2; 3, Lunge; 4, On guard! | 1. Parry tierce and quarte. |
| 2. 1, Mark 1—2; 2, Lunge; 3, On guard! | 2. Parry tierce and quinte. |
| 3. 1, Tierce engage; 2, Mark 1—2; 3, Lunge; 4, On guard! | 3. Parry quarte and tierce. |

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| 4. 1, Quarte engage ; 2, Cut and disengage ; 3, Lunge ; 4, On guard ! | 4. Parry tierce and quarte. |
| 5. 1, Cut and disengage ; 2, Lunge ; 3, On guard ! | 5. Parry tierce and quinte. |
| 6. 1, Tierce engage ; 2, Cut and disengage ; 3, Lunge ; 4, On guard ! | 6. Parry quarte and tierce. |

SIXTH LESSON.

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| 1. 1, Quarte engage ; 2, Feint lower quarte and deceive lower quarte ; 3, Lunge ; 4, On guard ! | 1. Parry lower quarte and lower tierce. |
| 2. 1, Feint lower tierce and deceive lower tierce ; 2, Lunge ; 3, On guard ! | 2. Parry lower tierce and lower quarte. |
| 3. 1, Feint lower quarte and deceive lower quarte into high line ; 2, Lunge ; 3, On guard ! | 3. Parry lower quarte and quarte. |
| 4. 1, Tierce engage ; 2, Feint lower tierce and deceive lower tierce into high line ; 3, Lunge ; 4, On guard ! | 4. Parry lower tierce and tierce. |
| 5. 1, Feint seconde and deceive seconde ; 2, Lunge ; 3, On guard ! | 5. Parry seconde and tierce. |

SEVENTH LESSON.

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| 1. 1, Quarte engage ; 2, Feint in line and mark 1—2 ; 3, Lunge ; 4, On guard ! | 1. Opposition quarte and parry tierce and quarte. |
| 2. 1, Feint in line and mark 1—2 ; 2, Lunge ; 3, On guard ! | 2. Opposition quarte and parry tierce and quinte. |
| 3. 1, Tierce engage ; 2, Feint in line and mark 1—2 ; 3, Lunge ; 4, On guard ! | 3. Opposition tierce and parry quarte and tierce. |
| 4. 1, Quarte engage ; 2, Feint in line, lower quarte, and deceive lower quarte ; 3, Lunge ; 4, On guard ! | 4. Opposition quarte and parry lower quarte and lower tierce. |
| 5. 1, Feint in line, lower tierce, and deceive lower tierce ; 2, Lunge ; 3, On guard ! | 5. Opposition tierce and parry lower tierce and lower quarte. |
| 6. 1, Feint in line, seconde, and deceive seconde ; 2, Lunge ; 3, On guard ! | 6. Opposition tierce and parry seconde and tierce. |

EIGHTH LESSON.

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| 1. 1, Quarte engage ; 2, Mark 1—2—3 ; 3, Lunge ; 4, On guard ! | 1. Parry tierce, quarte, and tierce. |
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| 1. 1, Mark 1—2—3 ; 2, Lunge ; 3, On guard ! | 2. Parry quarte, tierce, and quarte. |
| 3. 1, Tierce engage ; 2, Mark 1—2—3 ; 3, Lunge ; 4, On guard ! | 3. Parry quarte, tierce, and quinte. |
| 4. 1, Cut and mark 1—2 ; 2, Lunge ; 3, On guard ! | 4. Parry tierce, quarte, and tierce. |
| 5. 1, Cut and mark 1—2 ; 2, Lunge ; 3, On guard ! | 5. Parry quarte, tierce, and quarte. |
| 6. 1, Tierce engage ; 2, Cut and mark 1—2 ; 3, Lunge ; 4, On guard. | 6. Parry quarte, tierce, and quinte. |

NINTH LESSON.

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| 1. 1, Quarte engage ; 2, Mark 1—2 and lower quarte ; 3, Lunge ; 4, On guard ! | 1. Parry tierce, quarte, and lower quarte. |
| 2. 1, Tierce engage ; 2, Mark 1—2 and lower tierce ; 3, Lunge ; 4, On guard ! | 2. Parry quarte, tierce, and lower tierce. |
| 3. 1, Mark 1—2 and lower tierce ; 2, Lunge ; 3, On guard ! | 3. Parry quarte, tierce, and seconde. |
| 4. 1, Feint of disengage, lower quarte, and deceive lower quarte ; 2, Lunge ; 3, On guard ! | 4. Parry quarte, lower quarte, and lower tierce. |
| 5. 1, Quarte engage ; 2, Feint of disengage, lower, and deceive lower tierce ; 3, Lunge ; 4, On guard ! | 5. Parry tierce, lower tierce, and lower quarte. |
| 6. 1, Feint of disengage, seconde, and deceive seconde ; 2, Lunge ; 3, On guard ! | 6. Parry tierce, seconde, and tierce. |

TENTH LESSON.

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| 1. 1, Quarte engage ; 2, Feint lower quarte, quarte, and lower quarte ; 3, Lunge ; 4, On guard ! | 1. Parry lower quarte, quarte, and lower quarte. |
| 2. 1, Tierce engage ; 2, Feint lower tierce, tierce, and lower tierce ; 3, Lunge ; 4, On guard ! | 2. Parry lower tierce, tierce, and lower tierce. |
| 3. 1, Feint seconde, tierce, and lower tierce ; 2, Lunge ; 3, On guard ! | 3. Parry seconde, tierce, and seconde. |
| 4. 1, Quarte engage ; 2, Feint lower quarte, quarte, and disengage ; 3, Lunge ; 4, On guard ! | 4. Parry lower quarte, quarte, and tierce. |
| 5. 1, Feint lower tierce, tierce, and disengage ; 2, Lunge ; 3, On guard ! | 5. Parry lower tierce, tierce, and quarte. |
| 6. 1, Tierce engage ; 2, Feint seconde, tierce, and disengage ; 3, Lunge ; 4, On guard ! | 6. Parry seconde, tierce, and quarte. |

Second Series : Counter Parries in 12 Lessons

FIRST LESSON.

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|---|--------------------------|
| 1. 1, Quarte engage ; 2, Disengage ; 3, Lunge ; 2, On guard ! | 1. Parry counter quarte. |
| 2. 1, Tierce engage ; 2, Disengage ; 3, Lunge ; 4, On guard ! | 2. Parry counter tierce. |
| 3. 1, Disengage ; 2, Lunge ; 3, On guard ! | 3. Parry prime (low). |
| 4. 1, Disengage ; 2, Lunge ; 3, On guard ! | 4. Parry prime (high). |
| 5. 1, Quarte engage ; 2, Cut ; 3, Lunge ; 4, On guard ! | 5. Parry counter quarte. |
| 6. 1, Tierce engage ; 2, Cut ; 3, Lunge ; 4, On guard ! | 6. Parry counter tierce. |

SECOND LESSON.

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|--|--|
| 1. 1, Quarte engage ; 2, Feint in line and disengage ; 3, Lunge ; 4, On guard ! | 1. Opposition quarte and parry counter quarte. |
| 2. 1, Tierce engage ; 2, Feint in line and disengage ; 3, Lunge ; 4, On guard ! | 2. Opposition tierce and parry counter tierce. |
| 3. 1, Feint in line and disengage ; 2, Lunge ; 3, On guard ! | 3. Opposition tierce and parry prime (low). |
| 4. 1, Feint in line and disengage ; 2, Lunge ; 3, On guard ! | 4. Opposition tierce and parry prime (high). |
| 5. 1, Quarte engage ; 2, Feint in line and lower quarte ; 3, Lunge ; 4, On guard ! | 5. Opposition quarte and encircle lower quarte (in high line of tierce). |
| 6. 1, Tierce engage ; Feint in line and lower tierce ; 3, Lunge ; 4, On guard ! | 6. Opposition tierce and encircle lower tierce (in high line of quarte). |

THIRD LESSON.

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|---|-------------------------------------|
| 1. 1, Quarte engage ; 2, Mark 1—2 ; 3, Lunge ; 4, On guard ! | 1. Parry tierce and counter tierce. |
| 2. 1, Mark 1—2 ; 2, Lunge ; 3, On guard ! | 2. Parry quarte and counter quarte. |
| 3. 1, Quarte engage ; 2, Mark 1—2 ; 3, Lunge ; 4, On guard ! | 3. Parry tierce and prime (low). |
| 4. 1, Quarte engage ; 2, Mark 1—2 ; 3, Lunge ; 4, On guard ! | 4. Parry tierce and prime (high). |
| 5. 1, Quarte engage ; 2, Cut and disengage ; 3, Lunge ; 4, On guard ! | 5. Parry tierce and counter tierce. |
| 6. 1, Cut and disengage ; 2, Lunge ; 3, On guard ! | 6. Parry quarte and counter quarte. |

FOURTH LESSON.

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|--|---|
| 1, Quarte engage; 2, Feint lower quarte and deceive lower quarte; 3, Lunge; 4, On guard! | 1. Parry lower quarte and counter lower quarte. |
| 1, Tierce engage; 2, Feint lower tierce and deceive lower tierce; 3, Lunge; 4, On guard! | 2. Parry lower tierce and counter lower tierce. |
| 1, Quarte engage; 2, Feint lower quarte and deceive lower quarte; 3, Lunge; 4, On guard! | 3. Parry lower quarte and encircle counter lower quarte (in high line of tierce). |
| 1, Feint lower tierce and deceive lower tierce; 2, Lunge; 3, On guard! | 4. Parry lower tierce and encircle counter lower tierce (in high line of quarte). |
| 1, Feint lower quarte and deceive lower quarte in high line; 2, Lunge; 3, On guard! | 5. Parry lower quarte and tierce. |
| 1, Feint lower tierce and deceive tierce in high line; 2, Lunge; 3, On guard! | 6. Parry lower tierce and quarte. |
| 1, Tierce engage; 2, Feint seconde and deceive seconde; 3, Lunge; 4, On guard! | 7. Parry seconde and quarte. |

FIFTH LESSON.

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|---|---|
| 1, Quarte engage; 2, Double; 3, Lunge; 4, On guard! | 1. Parry counter quarte and tierce. |
| 1, Double; 2, Lunge; 3, On guard! | 2. Parry two counter tierces. |
| 1, Double; 2, Lunge; 3, On guard! | 3. Parry counter tierce and quarte. |
| 1, Double; 2, Lunge; 3, On guard! | 4. Parry two counter quartes. |
| 1, Tierce engage; 2, Double; 3, Lunge; 4, On guard! | 5. Parry counter tierce and prime (low). |
| 1, Double; 2, Lunge; 3, On guard! | 6. Parry counter tierce and prime (high). |

SIXTH LESSON.

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|---|---|
| 1, Quarte engage; 2, Double into lower line; 3, Lunge; 4, On guard! | 1. Parry counter quarte and lower quarte. |
| 1, Tierce engage; 2, Double into lower line; 3, Lunge; 4, On guard! | 2. Parry counter tierce and lower tierce. |
| 1, Double into lower line; 2, Lunge; 3, On guard! | 3. Parry counter tierce and seconde. |
| 1, Quarte engage; 2, Double into lower line; 3, Lunge; 4, On guard! | 4. Parry counter quarte and encircle lower quarte (in high line of tierce). |

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| <p>5. 1, Double into lower line ; 2, Lunge ; 3, On guard !</p> | <p>5. Parry counter tierce and encircle lower tierce (in high line of quarte).</p> |
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SEVENTH LESSON.

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| <p>1. 1, Quarte engage ; 2, Feint in line and mark 1—2 ; 3, Lunge ; 4, On guard !</p> | <p>1. Opposition quarte and parry tierce and counter tierce.</p> |
| <p>2. 1, Feint in line and mark 1—2 ; 2, Lunge ; 3, On guard !</p> | <p>2. Opposition tierce and parry quarte and counter quarte.</p> |
| <p>3. 1, Feint in line, lower quarte, and deceive lower quarte ; 2, Lunge ; 3, On guard !</p> | <p>3. Opposition quarte and parry lower quarte and counter lower quarte.</p> |
| <p>4. 1, Tierce engage ; 2, Feint in line, lower tierce, and deceive lower tierce ; 3, Lunge ; 4, On guard !</p> | <p>4. Opposition tierce and parry lower tierce and counter lower tierce.</p> |
| <p>5. 1, Quarte engage ; 2, Feint in line, lower quarte, and deceive lower quarte in high line ; 3, Lunge ; 4, On guard !</p> | <p>5. Opposition quarte and parry lower quarte and tierce.</p> |
| <p>6. 1, Feint in line, lower tierce, and deceive lower tierce in high line ; 2, Lunge ; 3, On guard !</p> | <p>6. Opposition tierce and parry lower tierce and quarte.</p> |
| <p>7. 1, Tierce engage ; 2, Feint in line, seconde, and deceive seconde ; 3, Lunge ; 4, On guard !</p> | <p>7. Opposition tierce and parry seconde and quarte.</p> |

EIGHTH LESSON.

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| <p>1. 1, Quarte engage ; 2, Mark 1—2—3 ; 3, Lunge ; 4, On guard !</p> | <p>1. Parry tierce, quarte, and counter quarte.</p> |
| <p>2. 1, Tierce engage ; 2, Mark 1—2—3 ; 3, Lunge ; 4, On guard !</p> | <p>2. Parry quarte, tierce, and counter tierce.</p> |
| <p>3. 1, Mark 1—2—3 ; 2, Lunge ; 3, On guard !</p> | <p>3. Parry quarte, tierce, and prime (low).</p> |
| <p>4. 1, Quarte engage ; 2, Cut and mark 1—2 ; 3, Lunge ; 4, On guard !</p> | <p>4. Parry tierce, quarte, and counter quarte.</p> |
| <p>5. 1, Tierce engage ; 2, Cut and mark 1—2 ; 3, Lunge ; 4, On guard !</p> | <p>5. Parry quarte, tierce, and counter tierce.</p> |
| <p>6. 1, Cut and mark 1—2 ; 2, Lunge ; 3, On guard !</p> | <p>6. Parry quarte, tierce, and prime (high).</p> |

NINTH LESSON.

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| 1. 1, Quarte engage; 2, Double and disengage; 3, Lunge; 4, On guard! | 1. Parry counter quarte, tierce, and quarte. |
| 2. 1, Tierce engage; 2, Double and disengage; 3, Lunge; 4, On guard! | 2. Parry counter tierce, quarte, and tierce. |
| 3. 1, Quarte engage; 2, Double and disengage; 3, Lunge; 4, On guard! | 3. Parry counter quarte, tierce, and prime (low). |
| 4. 1, Quarte engage; 2, Double and disengage; 3, Lunge; 4, On guard! | 4. Parry counter quarte, tierce, and counter tierce. |
| 5. 1, Double and disengage; 2, Lunge; 3, On guard! | 5. Parry counter tierce, quarte, and counter quarte. |
| 6. 1, Double and disengage; 2, Lunge; 3, On guard! | 6. Parry counter quarte, tierce, and prime (high). |

TENTH LESSON.

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| 1. 1, Quarte engage; 2, Mark 1—2 and deceive counter tierce; 3, Lunge; 4, On guard! | 1. Parry tierce, counter tierce, and quarte. |
| 2. 1, Mark 1—2 and deceive counter tierce; 2, Lunge; 3, On guard! | 2. Parry tierce and two counter tierces. |
| 3. 1, Mark 1—2 and deceive counter quarte; 2, Lunge; 3, On guard! | 3. Parry quarte, counter quarte, and tierce. |
| 4. 1, Mark 1—2 and deceive counter quarte; 2, Lunge; 3, On guard! | 4. Parry quarte and two counter quartes. |
| 5. 1, Quarte engage; 2, Mark 1—2 and deceive counter tierce; 3, Lunge; 4, On guard! | 5. Parry tierce, counter tierce, and prime (low). |
| 6. 1, Quarte engage; 2, Mark 1—2 and deceive counter tierce; 3, Lunge; 4, On guard! | 6. Parry tierce, counter tierce, and prime (high). |

ELEVENTH LESSON.

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| 1. 1, Quarte engage; 2, Mark 1—2 and deceive counter tierce in lower line; 3, Lunge; 4, On guard! | 1. Parry tierce, counter tierce, and lower tierce. |
| 2. 1, Mark 1—2 and deceive counter quarte in lower line; 2, Lunge; 3, On guard! | 2. Parry quarte, counter quarte, and lower quarte. |
| 3. 1, Mark 1—2 and deceive counter tierce in lower line; 2, Lunge; 3, On guard! | 3. Parry tierce, counter tierce, and seconde. |
| 4. 1, Quarte engage; 2, Double and deceive tierce in lower line; 3, Lunge; 4, On guard! | 4. Parry counter quarte, tierce, and lower tierce. |

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| <p>5. 1, Double and deceive tierce in lower line; 2, Lunge; 3, On guard!</p> <p>6. 1, Double and deceive tierce in lower line; 2, Lunge; 3, On guard!</p> <p>7. 1, Quarte engage; 2, Double and deceive quarte in lower line; 3, Lunge; 4, On guard!</p> <p>8. 1, Tierce engage; 2, Double and deceive tierce in lower line; 3, Lunge; 4, On guard!</p> <p>9. 1, Double and deceive tierce in lower line; 2, Lunge; 3, On guard!</p> | <p>5. Parry counter tierce, quarte, and lower quarte.</p> <p>6. Parry counter quarte, tierce, and seconde.</p> <p>7. Parry two counter quartes and lower quarte.</p> <p>8. Parry two counter tierces and lower tierce.</p> <p>9. Parry two counter tierces and seconde.</p> |
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TWELFTH LESSON.

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| <p>1. 1, Quarte engage; 2, Double into lower line and deceive lower quarte; 3, Lunge; 4, On guard!</p> <p>2. 1, Double into lower line and deceive lower tierce; 2, Lunge; 3, On guard!</p> <p>3. 1, Double into lower line and deceive lower quarte; 2, Lunge; 3, On guard!</p> <p>4. 1, Tierce engage; 2, Double into lower line and deceive lower tierce; 3, Lunge; 4, On guard!</p> <p>5. 1, Double into lower line and deceive seconde; 2, Lunge; 3, On guard!</p> <p>6. 1, Double into lower line and deceive seconde; 2, Lunge; 3, On guard!</p> <p>7. 1, Feint lower quarte, quarte, and deceive quarte; 2, Lunge; 3, On guard!</p> <p>8. 1, Feint lower quarte, quarte, and deceive tierce; 2, Lunge; 3, On guard!</p> <p>9. 1, Tierce engage; 2, Feint lower tierce, tierce, and deceive tierce; 3, Lunge; 4, On guard!</p> <p>10. 1, Feint seconde, tierce, and deceive quarte; 2, Lunge; 3, On guard!</p> | <p>1. Parry counter quarte, lower quarte, and lower tierce.</p> <p>2. Parry counter tierce, lower tierce, and lower quarte.</p> <p>3. Parry counter quarte, lower quarte, and counter lower quarte.</p> <p>4. Parry counter tierce, lower tierce, and counter lower tierce.</p> <p>5. Parry counter tierce, seconde, and tierce.</p> <p>6. Parry counter tierce, seconde, and quarte.</p> <p>7. Parry lower quarte, quarte, and counter quarte.</p> <p>8. Parry lower quarte, tierce, and counter tierce.</p> <p>9. Parry lower tierce, tierce, and counter tierce.</p> <p>10. Parry seconde, quarte, and counter quarte.</p> |
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REMARK:—After each attack resume guard by keeping a light feeling on the opponent's blade, and cover well on the side where the feeling takes place.

To deceive quarte, tierce, or seconde, always means to deceive those parries into high line, and to deceive lower quarte or lower tierce in lower line, except otherwise ordered.

Third Part.

Counters by Order or Counters by Will.

The Salute and Assault.

Counters by Order is an exercise which is executed in one time and by command of the instructor.

Counters by Will is an exercise in which two fencers agree upon certain attacks and parries. Although attacks and parries are agreed upon, they must be executed swiftly and firmly, with the same intention to touch as if they were carried out in an assault. They are a splendid exercise and serve to overcome the hesitation which generally exists when making an assault; for this reason they should be practiced very frequently and the pupils should be well posted in it before they should be allowed to begin with the assault.

The following exercises are to be used for examples :

FIRST EXERCISE.

Engagement Quarte.

No. 1. Disengage and lunge.

No. 2. Parry counter quarte, return lower quarte, and lunge.

No. 1. Resume guard and parry lower quarte.

REMARK.—After No. 1 has had the attack several times, let No. 2 begin with the attack. (This holds good for each exercise.)

SECOND EXERCISE.

Engagement Tierce.

No. 1. Disengage and lunge.

No. 2. Parry counter tierce, return lower tierce, and lunge.

No. 1. Resume guard and parry seconde.

THIRD EXERCISE.

Engagement Quarte.

No. 1. Disengage and lunge.

No. 2. Parry counter quarte, return disengage, and lunge.

No. 1. Resume guard and parry counter quarte.

FOURTH EXERCISE.

Engagement Tierce.

No. 1. Disengage and lunge.

No. 2. Parry counter tierce, return disengage, and lunge.

No. 1. Resume guard and parry counter tierce.

FIFTH EXERCISE.

Engagement Quarte.

No. 1. Disengage and lunge.

No. 2. Parry counter quarte, return by cut into lower line, and lunge.

No. 1. Resume guard and parry seconde.

SIXTH EXERCISE.

Engagement Tierce.

No. 1. Disengage and lunge.

No. 2. Parry prime (low), return by cut, and lunge.

No. 1. Resume guard and parry quarte.

SEVENTH EXERCISE.

Engagement Quarte.

No. 1. Disengage and lunge.

No. 2. Parry counter quarte, encircle flank, and lunge.

No. 1. Resume guard and parry quarte.

EIGHTH EXERCISE.

Engagement Tierce.

No. 1. Disengage and lunge.

No. 2. Parry quinte, return in high line of quarte, and lunge.

No. 1. Resume guard and parry quarte.

NINTH EXERCISE.

Engagement Quarte.

No. 1. Disengage and lunge.

No. 2. Parry counter quarte, cut and chassey tierce, and lunge.

No. 1. Resume guard and parry tierce.

TENTH EXERCISE.

Engagement Tierce.

No. 1. Disengage and lunge.

No. 2. Parry counter tierce, cut and chassey quarte, and lunge.

No. 1. Resume guard and parry quarte.

ELEVENTH EXERCISE.

Engagement Quarte.

No. 1. Lower quarte and lunge.

No. 2. Parry lower quarte, return lower quarte, and lunge.

No. 1. Resume guard and parry lower quarte.

TWELFTH EXERCISE.

Engagement Tierce.

No. 1. Lower tierce and lunge.

No. 2. Parry seconde, return high line of tierce, and lunge.

No. 1. Resume guard and parry tierce.

THIRTEENTH EXERCISE.

Engagement Quarte.

No. 1. Lower quarte and lunge.

No. 2. Parry lower quarte, encircle in high line of tierce, and lunge.

No. 1. Resume guard and parry tierce.

FOURTEENTH EXERCISE.

Engagement Tierce.

No. 1. Lower tierce and lunge.

No. 2. Parry lower tierce, encircle in high line of quarte, and lunge.

No. 1. Resume guard and parry quarte.

FIFTEENTH EXERCISE.

Engagement Quarte.

- No. 1. Cut and lunge.
- No. 2. Parry counter quarte, return lower quarte, and lunge.
- No. 1. Resume guard, parry and encircle lower quarte in high line of tierce, and lunge.
- No. 2. Resume guard and parry tierce.

SIXTEENTH EXERCISE.

Engagement Tierce.

- No. 1. Cut and lunge.
- No. 2. Parry counter tierce, return lower tierce, and lunge.
- No. 1. Resume guard, parry and encircle lower tierce in high line of quarte, and lunge.
- No. 2. Resume guard and parry quarte.

SEVENTEENTH EXERCISE.

Engagement Quarte.

- No. 1. Cut and lunge.
- No. 2. Parry counter quarte, cut into lower line, and lunge.
- No. 1. Resume guard, parry seconde, return in high line of tierce, and lunge.
- No. 2. Resume guard and parry quarte.

EIGHTEENTH EXERCISE.

Engagement Tierce.

- No. 1. Cut and lunge.
- No. 2. Parry counter tierce, feint lower tierce, deceive the parry of seconde, and lunge.
- No. 1. Resume guard, parry seconde and quarte, return in high line of quarte, and lunge.
- No. 2. Resume guard and parry quarte.

NINETEENTH EXERCISE.

Engagement Quarte.

- No. 1. Beat, disengage, and lunge.
- No. 2. Oppose quarte, parry counter quarte, and return in high line of quarte.
- No. 1. Resume guard, parry quarte, return lower quarte, and lunge.
- No. 2. Resume guard and parry lower quarte.

TWENTIETH EXERCISE.

Engagement Tierce.

- No. 1. Beat, disengage, and lunge.
- No. 2. Oppose tierce, parry counter tierce, return in high line of tierce, and lunge.
- No. 1. Resume guard, parry tierce, return lower tierce, and lunge.
- No. 2. Resume guard and parry seconde.

TWENTY-FIRST EXERCISE.

Engagement Quarte.

- No. 1. On the engagement disengage and lunge.
- No. 2. Engage tierce parry counter tierce, feint of seconde, deceive seconde, and lunge.
- No. 1. Resume guard, parry seconde and quarte, return disengage, and lunge.
- No. 2. Resume guard and parry counter quarte.

TWENTY-SECOND EXERCISE.

Engagement Tierce.

- No. 1. On the engagement disengage and lunge.
- No. 2. Engage quarte, parry counter quarte, feint lower quarte, deceive lower quarte into high line, and lunge.
- No. 1. Resume guard, parry lower quarte and tierce, return disengage, and lunge.
- No. 2. Resume guard and parry counter tierce.

TWENTY-THIRD EXERCISE.

Engagement Quarte.

- No. 1. Mark 1—2 and lunge.
- No. 2. Parry tierce and counter tierce, feint in line, disengage, and lunge.
- No. 1. Resume guard, oppose tierce, parry prime (low), cut, and lunge.
- No. 2. Resume guard and parry quarte.

TWENTY-FOURTH EXERCISE.

Engagement Tierce.

- No. 1. Mark 1—2 and lunge.
- No. 2. Parry quarte and counter quarte, feint in line, disengage, and lunge.
- No. 1. Resume guard, oppose quarte, parry counter quarte, return high line of quarte, and lunge.
- No. 2. Resume guard and parry quarte.

TWENTY-FIFTH EXERCISE.

Engagement Quarte.

- No. 1. Double and lunge.
- No. 2. Parry two counter quarte, return by cut and disengage, and lunge.
- No. 1. Resume guard, parry tierce and counter tierce, return by cut, and lunge.
- No. 2. Resume guard and parry counter tierce.

TWENTY-SIXTH EXERCISE.

Engagement Tierce.

- No. 1. Double and lunge.
- No. 2. Parry two counter tierce, return by cut, disengage, and lunge.
- No. 1. Resume guard, parry quarte and counter quarte, return by cut, and lunge.
- No. 2. Resume guard and parry counter quarte.

TWENTY-SEVENTH EXERCISE.

Engagement Quarte.

- No. 1. Double into lower line and lunge.
- No. 2. Parry counter quarte and lower quarte, return by feint of lower quarte, deceive lower quarte, and lunge.
- No. 1. Resume guard, parry lower quarte and counter lower quarte, encircle in high line of tierce, and lunge.
- No. 2. Resume guard and parry tierce.

TWENTY-EIGHTH EXERCISE.

Engagement Tierce.

- No. 1. Double into lower line and lunge.
- No. 2. Parry counter tierce and lower tierce, return by feint of lower tierce, deceive lower tierce, and lunge.
- No. 1. Resume guard, parry lower tierce and counter lower tierce, encircle lower tierce in high line of quarte, and lunge.
- No. 2. Resume guard and parry quarte.

TWENTY-NINTH EXERCISE.

Engagement Quarte.

- No. 1. Feint lower quarte, deceive lower quarte, and lunge.
- No. 2. Parry lower quarte and counter lower quarte, return lower quarte, and lunge.
- No. 1. Resume guard, parry prime (low), return by cut, and lunge.
- No. 2. Resume guard and parry quarte.

THIRTIETH EXERCISE.

Engagement Tierce.

- No. 1. Feint lower tierce, deceive lower tierce, and lunge.
- No. 2. Parry lower tierce and counter lower tierce and return lower tierce.
- No. 1. Resume guard, parry lower tierce, return by encircling lower tierce in high line of quarte, and lunge.
- No. 2. Resume guard and parry quarte.

THIRTY-FIRST EXERCISE.

Engagement Quarte.

- No. 1. Feint lower quarte, deceive lower quarte into high line, and lunge.
- No. 2. Parry lower quarte and tierce, return by double, and lunge.
- No. 1. Resume guard, parry counter tierce and quinte, return by feint in line, disengage, and lunge.
- No. 1. Resume guard, oppose quarte, and parry counter quarte.

THIRTY-SECOND EXERCISE.

Engagement Tierce.

- No. 1. Feint seconde, deceive seconde, and lunge.
- No. 2. Parry seconde and quarte, return by double, and lunge.
- No. 1. Resume guard, parry counter quarte and tierce, beat and return lower tierce, and lunge.
- No. 2. Resume guard and parry seconde.

THIRTY-THIRD EXERCISE.

Engagement Quarte.

- No. 1. Mark 1—2—3 and lunge.
- No. 2. Parry tierce, quarte, and counter quarte, return by 1—2, and lunge.
- No. 1. Resume guard, parry tierce and counter tierce, return lower tierce, and lunge.
- No. 1. Resume guard and parry seconde.

THIRTY-FOURTH EXERCISE.

Engagement Tierce.

- No. 1. Mark 1—2—3 and lunge.
- No. 2. Parry quarte, tierce, and counter tierce, return by 1—2, and lunge.
- No. 1. Resume guard, parry quarte and counter quarte, return by cut into lower line, and lunge.
- No. 2. Resume guard and parry seconde.

THIRTY-FIFTH EXERCISE.

Engagement Quarte.

- No. 1. Double, disengage, and lunge.
- No. 2. Parry counter quarte, tierce, and counter tierce, return by feint of seconde, deceive seconde, and lunge.
- No. 1. Resume guard, parry seconde and quarte, return by encircling flank, and lunge.
- No. 2. Resume guard and parry quarte.

THIRTY-SIXTH EXERCISE.

Engagement Tierce.

- No. 1. Double, disengage, and lunge.
- No. 2. Parry counter tierce, quarte, and counter quarte, return by feint of lower quarte, deceive lower quarte, and lunge.
- No. 1. Resume guard, parry lower quarte, encircle counter lower quarte, and lunge.
- No. 2. Resume guard and parry tierce.

THIRTY-SEVENTH EXERCISE.

Engagement Quarte.

- No. 1. Mark 1—2, deceive counter tierce, and lunge.
- No. 2. Parry tierce and two counter of tierce, return by double, and lunge.
- No. 1. Resume guard, parry counter tierce, prime (low), return by cut, and lunge.
- No. 2. Resume guard and parry quarte.

THIRTY-EIGHTH EXERCISE.

Engagement Tierce.

- No. 1. Mark 1—2, deceive counter quarte, and lunge.
- No. 2. Parry quarte and two counter of quarte, return by double, and lunge.
- No. 1. Resume guard, parry counter quarte, chassey tierce, return in high line of tierce, and lunge.
- No. 2. Resume guard and parry tierce.

THIRTY-NINTH EXERCISE.

Engagement Quarte.

- No. 1. Double into lower line, deceive lower quarte, and lunge.
- No. 2. Parry counter quarte, lower quarte, and counter lower quarte, return lower quarte, and lunge.
- No. 1. Resume guard, parry and encircle lower quarte, return by feint in line, disengage, and lunge.
- No. 2. Resume guard, oppose tierce, and parry counter tierce.

FORTIETH EXERCISE.

Engagement Tierce.

- No. 1. Double into lower line, deceive lower tierce, and lunge.
- No. 2. Parry counter tierce, lower tierce, and counter lower tierce, return lower tierce, and lunge.
- No. 1. Resume guard, parry and encircle lower tierce, return by feint in line, and disengage.
- No. 2. Resume guard, oppose quarte, and parry counter quarte.

FORTY-FIRST EXERCISE.

Engagement Quarte.

- No. 1. Feint lower quarte, deceive lower quarte into high line, disengage, and lunge.
- No. 2. Parry lower quarte, quarte, and counter quarte, return by feint in line, mark 1—2, and lunge.
- No. 1. Resume guard, oppose quarte, parry tierce and counter tierce, and return by disengage.
- No. 2. Resume guard and parry quinte.

FORTY-SECOND EXERCISE.

Engagement Tierce.

- No. 1. Feint seconde, deceive seconde and tierce, and lunge.
- No. 2. Parry seconde, tierce, and counter tierce, return by feint in line, mark 1—2, and lunge.
- No. 1. Resume guard, oppose tierce, parry quarte and counter quarte, and return by disengage.
- No. 2. Resume guard and parry counter quarte.

FORTY-THIRD EXERCISE.

Engagement Quarte.

- No. 1. Feint lower quarte, deceive lower quarte into high line, double, and lunge.
- No. 2. Parry lower quarte, quarte, counter quarte, and tierce, return by feint of seconde, deceive seconde, and lunge.
- No. 1. Resume guard, parry seconde and quarte, return by cut, disengage, and lunge.
- No. 2. Resume guard and parry tierce and quinte.

FORTY-FOURTH EXERCISE.

Engagement Tierce.

- No. 1. Feint seconde, deceive seconde, double, and lunge.

- No. 2. Parry seconde, tierce, counter tierce, and quarte, return by cut, disengage, and lunge.
- No. 1. Resume guard, parry tierce and quinte, return by feint in line, disengage, and lunge.
- No. 2. Resume guard and oppose quarte and counter quarte.

FORTY-FIFTH EXERCISE.

Engagement Quarte.

- No. 1. Mark 1—2, deceive counter tierce and quarte, and lunge.
- No. 2. Parry tierce, counter tierce, quarte, and counter quarte, return by double, and lunge.
- No. 1. Resume guard, parry counter quarte and tierce, return by feint of seconde, deceive seconde, and lunge.
- No. 2. Resume guard and parry seconde and quarte.

FORTY-SIXTH EXERCISE.

Engagement Tierce.

- No. 1. Mark 1—2, deceive counter quarte and tierce, and lunge.
- No. 2. Parry quarte, counter quarte, tierce, and counter tierce return by double, and lunge.
- No. 1. Resume guard, parry counter tierce, and quarte, return by 1—2—3, and lunge.
- No. 2. Resume guard and parry tierce, quarte, and counter quarte.

FORTY-SEVENTH EXERCISE.

Engagement Quarte.

- No. 1. Double, re-double, and lunge.
- No. 2. Parry counter quarte, tierce, counter tierce, and quarte, return by cut, disengage, and lunge.
- No. 1. Resume guard, parry tierce and counter tierce, beat and return lower tierce, and lunge.
- No. 2. Resume guard and parry seconde.

FORTY-EIGHTH EXERCISE.

Engagement Tierce.

- No. 1. Double, re-double, and lunge.
- No. 2. Parry counter tierce, quarte, counter quarte, and tierce, turn by feint in line, disengage, and lunge.
- No. 1. Resume guard, oppose tierce, parry quarte, return by encircle flank, and lunge.
- No. 2. Resume guard and parry quarte.

FORTY-NINTH EXERCISE.

Engagement Quarte.

- No. 1. Feint in line, advance, disengage, and lunge.
- No. 2. Retreat, oppose quarte, parry counter quarte, return by disengage, and lunge.
- No. 1. Resume guard and time by counter disengage (without lunge).
- No. 2. Oppose quarte.

FIFTIETH EXERCISE.

Engagement Tierce.

- No. 1. Feint in line, advance, disengage, and lunge.
- No. 2. Retreat, oppose tierce, parry counter tierce, return by disengage, and lunge.
- No. 1. Resume guard and time by counter disengage (without lunge).
- No. 2. Oppose tierce.

The Salute.

The salutation is an introduction to the assault. It allows the swordsman to show the gracefulness of carriage and agility of motion.

It is performed thus :

- 1st. Both fencers face each other, foil in right hand.
- 2d. Both pass to their guard, execute two appels, and close to the rear.
- 3d. No. 1 of the opponents is requested by No. 2 to measure distance (or contra versa). No. 2 will advance if too great, or step back if too small. Distance being taken, No. 1 will close to the rear, while No. 2 remains steady.
- 4th. Both salute to the left, right, and front, and pass to their guard with engagement quarte.
- 5th. No. 1 disengages and developes with all the gracefulness and firmness of motion he can command ; No. 2 parries with chassey tierce and directs the point of his foil to the left low at No. 1, his hand low in seconde.
- No. 1 allows his blade to yield so far over the left shoulder that he holds the weapon only with thumb and forefinger, looks full into No. 1's face, and remains some moments in this position, then he returns with an easy motion into position of guard with one appel, and No. 2 engages in tierce.
- 6th. No. 1 disengages and developes, No. 2 parries with chassey quarte and directs the point to the left low at No. 1, his hand in quarte and at the height of the nipple. No. 1 allows his blade to yield so far over the right shoulder that he can see No. 2 over his elbow. No. 1 resumes guard and No. 2 engages in quarte.
- 7th. No. 1 and 2 execute the same as in 5.
- 8th. No. 1 and 2 execute the same as in 6.
- 9th. No. 1 indicates 1—2 and No. 2 parries with chassey tierce; at the same moment both close to the rear.
- 10th. Now No. 2 will take distance and close to the rear, while No. 1 remains steady.
- 11th. Both execute like in 4.
- 12th. No. 2, who has hitherto parried, goes to the thrusts like No. 1 in 5. No. 1 parries like No. 2 in 5.
- 13th. No. 2 executes the motion like No. 1 in 6. No. 1 executes the motion like No. 2 in 6.
- 14th. No. 2 like No. 1 in 5. No. 1 like No. 2 in 5.
- 15th. No. 2 like No. 1 in 9. No. 1 like No. 2 in 9.

16th. Both fencers raise the left arm in half circle behind the body and at same time form with the sword-arm the parry of seconde.

Both then fall on guard with the left foot to the rear, execute two appels, and close to the front, hand in quarte.

Both salute to the left, right, and front, pass to their guard, execute two appels close to the front, and salute each other, hand in seconde.

They then take the masks and begin the assault. Either of the opponents being desirous of terminating the assault, he informs the other of it by a call which is readily accepted.

One, two, or three touches, according to agreement, are then executed before ceasing the assault.

PLASTRON LESSONS.

(Individual Lessons.)

Plastron Lessons are lessons in which the instructor has to deal with a single pupil.

When instructing the position of defence, the advance and retreat, the extend, the lunge and resume guard from the lunge the instructor will place himself at the pupil's side in order to be enabled to correct the slightest mistake, which he can not do so well when standing in front of the pupil.

If a mistake becomes a habit, it is difficult to overcome it; therefore it should be continually impressed upon the pupil that the position, the extend, and the lunge are the main points in fencing, and that after they have been properly executed it requires nothing more than to develop the sword hand of the pupil.

When giving plastron lessons it is not necessary for the instructor to take the position of "On Guard."

He will take an easy position with extended legs, feet at right angle and about one foot apart, the left shoulder not so far to the rear as in the position of defence, and the left hand to be held in front of the body, so that he can guide the direction of attack by beginners with hand and blade.

If the pupil is well posted in all preliminary methods of attack and defence, the instructor will permit him to touch without guiding his point with the left hand; thereby giving the pupil self-control in handling his weapon.

In regard to the position of the sword-hand the instructor must impress upon the pupil never to attack with a low hand, but always keep a good elevation and opposition.

Whenever the pupil attacks with his hand low and without being covered, the instructor should time in the exposed line in order to correct the error.

All parries which the pupil should deceive must be executed correctly and never should the foil be held in such a manner that none of the lines are covered.

In all the lessons in which return attacks are made, the instructor

will see that the pupil make a full lunge, and that the first attack is well finished.

It is often the case that the pupil's mind, in fear of being hit, is more fixed upon the parry which he is supposed to take after the attack, than on the attack itself.

In such case the instructor may expose his whole body without being touched.

All the lessons which are laid down in Class Instruction can also be given on the plastron.

The following lessons of which the principal points are the return thrust, with or without lunge, add a good deal of variety.

The instructor can select such lessons which he thinks most beneficial to the pupil in hand.

FIRST LESSON.

REMARK.—The instructor may at first let the pupil return without touch and than lunge after the pupil has well control over his body and blade and he will let the pupil touch without lunge at every return.

1. Quarte Engage: Extend and lunge; resume guard and parry tierce, and return.
2. Tierce Engage: Extend and lunge; resume guard and parry quarte, and return.
3. Quarte Engage: On the pressure disengage and lunge; resume guard and parry tierce, and return.
4. Tierce Engage: On the pressure disengage and lunge; resume guard and parry quarte, and return.
5. Quarte Engage: On the pressure mark 1—2 and lunge; resume guard and parry tierce, and return.
6. Tierce Engage: On the pressure mark 1—2 and lunge; resume guard and parry quarte, and return.
7. Quarte Engage: On the pressure mark 1—2—3 and lunge; resume guard and parry tierce, and return.
8. Tierce Engage: On the pressure mark 1—2—3 and lunge; resume guard and parry quarte, and return.
9. Quarte Engage: On the pressure double and lunge; resume guard and parry tierce, and return.
10. Tierce Engage: On the pressure double and lunge; resume guard and parry quarte, and return.
11. Quarte Engage: On the pressure double and disengage, and lunge; resume guard and parry tierce, and return.
12. Tierce Engage: On the pressure double and disengage, and lunge; resume guard and parry quarte, and return.
13. Quarte Engage: On the pressure mark 1—2 and deceive counter tierce, and lunge; resume guard and parry tierce, and return.
14. Tierce Engage: On the pressure mark 1—2 and deceive counter quarte, and lunge; resume guard and parry quarte, and return.
15. Quarte Engage: On the pressure double and re-double, and lunge; resume guard and parry tierce, and return.
16. Tierce Engage: On the pressure double and re-double, and lunge; resume guard and parry quarte, and return.

REMARK.—By the 1st, 3d, 5th, 7th, 9th, 11th, 13th, and 15th attack the instructor will bring the blade of the pupil in line of quarte, and by the 2nd, 4th, 6th, 8th, 10th, 12th, 14th, and 16th attack in line of tierce, and while the pupil resume guard the instructor attack by "Disengage."

SECOND LESSON.

1. Quarte Engage: Extend and lunge; resume guard and parry counter quarte, and return.
2. Tierce Engage: Extend and lunge; resume guard and parry counter tierce, and return.
3. Quarte Engage: On the engagement of tierce disengage and lunge; resume guard and parry counter quarte, and return.
4. Tierce Engage: On the engagement of quarte disengage and lunge; resume guard and parry counter tierce, and return.
5. Quarte Engage: On the engagement of tierce mark 1—2 and lunge; resume guard and parry counter quarte, and return.
6. Tierce Engage: On the engagement of quarte mark 1—2 and lunge; resume guard and parry counter tierce, and return.
7. Quarte Engage: On the engagement of tierce mark 1—2—3 and lunge; resume guard and parry counter quarte, and return.
8. Tierce Engage: On the engagement of quarte mark 1—2—3 and lunge; resume guard and parry counter tierce, and return.
9. Quarte Engage: On the engagement of tierce double and lunge; resume guard and parry counter quarte, and return.
10. Quart Engage: On the engagement of quarte double and lunge; resume guard and parry counter tierce, and return.
11. Quarte Engage: On the engagement of tierce double and disengage, and lunge; resume guard and parry counter quarte, and return.
12. Tierce Engage: On the engagement of quarte double and disengage, and lunge; resume guard and parry counter tierce, and return.
13. Quarte Engage: On the engagement of tierce mark 1—2 and deceive counter quarte, and lunge; resume guard and parry counter quarte, and return.
14. Tierce Engage: On the engagement of quarte mark 1—2 and deceive counter tierce, and lunge; resume guard and parry counter tierce, and return.
15. Quarte Engage: On the engagement of tierce double and re-double, and lunge; resume guard and parry counter quarte, and return.
16. Tierce Engage: On the engagement of quarte double and re-double, and lunge; resume guard and parry counter tierce, and return.

REMARK.—By the 1st, 3d, 5th, 7th, 9th, 11th, 13th, and 15th attack the instructor will bring the blade of the pupil in line of quarte, and by the 2nd, 4th, 6th, 8th, 10th, 12th, 14th, and 16th attack in line of tierce, and while the pupil resume guard the instructor attack by "Disengage."

THIRD LESSON.

1. Quarte Engage: Beat, extend, and lunge; resume guard and parry lower quarte, and return.
2. Tierce Engage: Beat, extend, and lunge; resume guard and parry lower tierce, and return.

3. Quarte Engage: Beat, disengage, and lunge; resume guard and parry lower quarte, and return.
4. Tierce Engage: Beat, disengage, and lunge; resume guard and parry lower tierce, and return.
5. Quarte Engage: Beat, mark 1—2, and lunge; resume guard and parry lower quarte, and return.
6. Tierce Engage: Beat, mark 1—2, and lunge; resume guard and parry lower tierce, and return.
7. Quarte Engage: Beat, mark 1—2—3, and lunge; resume guard and parry lower quarte, and return.
8. Tierce Engage: Beat, mark 1—2—3, and lunge; resume guard and parry lower tierce, and return.
9. Quarte Engage: Beat, double, and lunge; resume guard and parry lower quarte, and return.
10. Tierce Engage: Beat, double, and lunge; resume guard and parry lower tierce, and return.
11. Quarte Engage: Beat, double, disengage, and lunge; resume guard and parry lower quarte, and return.
12. Tierce Engage: Beat, double, disengage, and lunge; resume guard and parry lower tierce, and return.
13. Quarte Engage: Beat, mark 1—2, deceive counter tierce, and lunge; resume guard and parry lower quarte, and return.
14. Tierce Engage: Beat, mark 1—2, deceive counter quarte, and lunge; resume guard and parry lower tierce, and return.
15. Quarte Engage: Beat, double, re-double, and lunge; resume guard and parry lower quarte, and return.
16. Tierce Engage: Beat, double, re-double, and lunge; resume guard and parry lower tierce, and return.

REMARK.—By the 1st, 3d, 5th, 7th, 9th, 11th, 13th, and 15th attack the instructor will bring the blade of the pupil in line of quarte, and by the 2d, 4th, 6th, 8th, 10th, 12th, 14th, and 16th attack in line of tierce, and while the pupil resumes guard the instructor attacks in lower line.

FOURTH LESSON.

1. Quarte Engage: Cut and lunge; resume guard and parry quinte, and return.
2. Tierce Engage: Cut and lunge; resume guard and parry seconde, and return in high line.
3. Quarte Engage: Cut, disengage, and lunge; resume guard and parry quinte, and return.
4. Tierce Engage: Cut, disengage, and lunge; resume guard and parry seconde, and return in high line.
5. Quarte Engage: Cut, mark 1—2, and lunge; resume guard and parry quinte, and return.
6. Tierce Engage: Cut, mark 1—2, and lunge; resume guard and parry seconde, and return in high line.
7. Quarte Engage: Cut, mark 1—2—3, and lunge; resume guard and parry quinte, and return.
8. Tierce Engage: Cut, mark 1—2—3, and lunge; resume guard and parry seconde, and return in high line.

9. Quarte Engage: Cut, double, and lunge; resume guard and parry quinte, and return.
10. Tierce Engage: Cut, double, and lunge; resume guard and parry seconde, and return in high line.
11. Quarte Engage: Cut, double, disengage, and lunge; resume guard and parry quinte, and return.
12. Tierce Engage: Cut, double, disengage, and lunge; resume guard and parry seconde, and return in high line.
13. Quarte Engage: Cut, mark 1—2, deceive counter quarte, and lunge; resume guard and parry quinte, and return.
14. Tierce Engage: Cut, mark 1—2, deceive counter tierce, and lunge; resume guard and parry seconde, and return in high line.
15. Quarte Engage: Cut, double, re-double, and lunge; resume guard and parry quinte, and return.
16. Tierce Engage: Cut, double, re-double, and lunge; resume guard and parry seconde, and return in high line.

REMARK.—The instructor will take a simple opposition by the indication of the pupil's cut, and by the finish of each attack he will bring the blade of the pupil in line of tierce. If the pupil shall parry by quinte the instructor will disengage, and if the pupil shall parry by seconde the instructor attacks in lower tierce.

FIFTH LESSON.

1. Quarte Engage: Cut, deceive counter quarte, and lunge; resume guard and chassey seconde, and return.
2. Tierce Engage: Cut, deceive counter tierce, and lunge; resume guard and chassey seconde, and return.
3. Quarte Engage: Cut, deceive counter quarte and tierce, and lunge; resume guard and chassey seconde, and return.
4. Tierce Engage: Cut, deceive counter tierce and quarte, and lunge; resume guard and chassey seconde, and return.
5. Quarte Engage: Cut, deceive counter quarte, mark 1—2, and lunge; resume guard and chassey seconde, and return.
6. Tierce Engage: Cut, deceive counter tierce, mark 1—2, and lunge; resume guard and chassey seconde, and return.
7. Quarte Engage: Cut, deceive counter quarte, tierce, and counter tierce, and lunge; resume guard and chassey seconde, and return.
8. Tierce Engage: Cut, deceive counter tierce, quarte, and counter quarte, and lunge; resume guard and chassey seconde, and return.

REMARK.—By the finish of each attack the instructor will bring the blade of the pupil in line of tierce, and while the pupil resumes guard the instructor attacks by a disengage.

SIXTH LESSON.

1. Quarte Engage: Feint in line, disengage, and lunge; resume guard and chassey tierce, and return.
2. Tierce Engage: Feint in line, disengage, and lunge; resume guard and chassey quarte, and return.
3. Quarte Engage: Feint in line, mark 1—2, and lunge; resume guard and chassey tierce, and return.
4. Tierce Engage: Feint in line, mark 1—2, and lunge; resume guard and chassey quarte, and return.

5. Quarte Engage: Feint in line, mark 1—2—3, and lunge; resume guard and chassey tierce, and return.
6. Tierce Engage: Feint in line, mark 1—2—3, and lunge; resume guard and chassey quarte, and return.
7. Quarte Engage: Feint in line, double, and lunge; resume guard and chassey tierce, and return.
8. Tierce Engage: Feint in line, double, and lunge; resume guard and chassey quarte, and return.
9. Quarte Engage: Feint in line, double, disengage, and lunge; resume guard and chassey tierce, and return.
10. Tierce Engage: Feint in line, double, disengage, and lunge; resume guard and chassey quarte, and return.
11. Quarte Engage: Feint in line, mark 1—2, deceive counter tierce, and lunge; resume guard and chassey tierce, and return.
12. Tierce Engage: Feint in line, mark 1—2, deceive counter quarte, and lunge; resume guard and chassey quarte, and return.
13. Quarte Engage: Feint in line, double, re-double, and lunge; resume guard and chassey tierce, and return.
14. Tierce Engage: Feint in line, double, re-double, and lunge; resume guard and chassey quarte, and return.

REMARK.—By the 1st, 3d, 5th, 7th, 9th, 11th, and 13th attack the instructor will bring the blade of the pupil in line of quarte, and by the 2d, 4th, 6th, 8th, 10th, 12th, and 14th attack in line of tierce, and while the pupil resumes guard the instructor attacks by disengage.

SEVENTH LESSON.

1. Quarte Engage: Engage tierce, disengage, and lunge; resume guard, encircle lower quarte, and return.
2. Tierce Engage: Engage quarte, disengage, and lunge; resume guard, encircle lower tierce, and return.
3. Quarte Engage: Engage tierce, mark 1—2, and lunge; resume guard, encircle lower quarte, and return.
4. Tierce Engage: Engage quarte, mark 1—2, and lunge; resume guard, encircle lower tierce, and return.
5. Quarte Engage: Engage tierce, mark 1—2—3, and lunge; resume guard, encircle lower quarte, and return.
6. Tierce Engage: Engage quarte, mark 1—2—3, and lunge; resume guard, encircle lower tierce, and return.
7. Quarte Engage: Engage tierce, double, and lunge; resume guard, encircle lower quarte, and return.
8. Tierce Engage: Engage quarte, double, and lunge; resume guard, encircle lower tierce, and return.
9. Quarte Engage: Engage tierce, double, disengage, and lunge; resume guard, encircle lower quarte, and return.
10. Tierce Engage: Engage quarte, double, disengage, and lunge; resume guard, encircle lower tierce, and return.
11. Quarte Engage: Engage tierce, mark 1—2, deceive counter quarte, and lunge; resume guard, encircle lower quarte, and return.
12. Tierce Engage: Engage quarte, mark 1—2, deceive counter tierce, and lunge; resume guard, encircle lower tierce, and return.

13. Quarte Engage: Engage tierce, double, re-double, and lunge; resume guard, encircle lower quarte, and return.
14. Tierce Engage: Engage quarte, double, re-double, and lunge; resume guard, encircle lower tierce, and return.

REMARK.—By the 1st, 3d, 5th, 7th, 9th, 11th, and 13th attack the instructor will bring the blade of the pupil in line of quarte, and by the 2d, 4th, 6th, 8th, 10th, 12th, and 14th attack in line of tierce, and while the pupil resumes guard the instructor attacks in lower line.

EIGHTH LESSON.

1. Quarte Engage: Double engage, disengage, and lunge; resume guard, parry counter quarte, encircle flank, and return.
2. Tierce Engage: Double engage, disengage, and lunge; resume guard, parry counter tierce, return lower tierce, and return.
3. Quarte Engage: Double engage, mark 1—2, and lunge; resume guard, parry counter quarte, encircle flank, and return.
4. Tierce Engage: Double engage, mark 1—2, and lunge; resume guard, parry counter tierce, and return lower tierce.
5. Quarte Engage: Double engage, mark 1—2—3, and lunge; resume guard, parry counter quarte, encircle flank, and return.
6. Tierce Engage: Double engage, mark 1—2—3, and lunge; resume guard, parry counter tierce, and return lower tierce.
7. Quarte Engage: Double engage, double, and lunge; resume guard, parry counter quarte, encircle flank, and return.
8. Tierce Engage: Double engage, double, and lunge; resume guard, parry counter tierce, and return lower tierce.
9. Quarte Engage: Double engage, double, disengage, and lunge; resume guard, parry counter quarte, encircle flank, and return.
10. Tierce Engage: Double engage, double, disengage, and lunge; resume guard, parry counter tierce, and return lower tierce.
11. Quarte Engage: Double engage, mark 1—2, deceive counter tierce, and lunge; resume guard, parry counter quarte, encircle flank, and return.
12. Tierce Engage: Double engage, mark 1—2, deceive counter quarte, and lunge; resume guard, parry counter tierce, and return lower tierce.
13. Quarte Engage: Double engage, double, re-double, and lunge; resume guard, parry counter quarte, encircle flank, and return.
14. Tierce Engage: Double engage, double, re-double, and lunge; resume guard, parry counter tierce, and return lower tierce.

REMARK.—By the 1st, 3d, 5th, 7th, 9th, 11th, and 13th attack the instructor will bring the blade of the pupil in line of quarte, and by the 2d, 4th, 6th, 8th, 10th, 12th, and 14th attack in line of tierce, and while the pupil resumes guard the instructor attacks by disengage.

NINTH LESSON.

1. Quarte Engage: 1, Extend and lunge; 2, Resume guard, parry counter quarte, cut, chassey tierce, and return.
2. Tierce Engage: 1, Extend and lunge; 2, Resume guard, parry counter tierce, cut, chassey quarte, and return.

3. Quarte Engage : 1, Disengage and lunge ; 2, Resume guard, parry counter quarte, cut, chassey quarte, and return.
4. Tierce Engage : 1, Disengage and lunge ; 2, Resume guard, parry counter tierce, cut, chassey quarte, and return.
5. Quarte Engage : 1, Mark 1—2 and lunge ; 2, Resume guard, parry counter quarte, cut, chassey tierce, and return.
6. Tierce Engage : 1, Mark 1—2 and lunge ; 2, Resume guard, parry counter tierce, cut, chassey quarte, and return.
7. Quarte Engage : 1, Mark 1—2—3 and lunge ; 2, Resume guard, parry counter quarte, cut, chassey tierce, and return.
8. Tierce Engage : 1, Mark 1—2—3 and lunge ; 2, Resume guard, parry counter tierce, cut, chassey quarte, and return.
9. Quarte Engage : 1, Double and lunge ; 2, Resume guard, parry counter quarte, cut, chassey tierce, and return.
10. Tierce Engage : 1, Double and lunge ; 2, Resume guard, parry counter tierce, cut, chassey quarte, and return.
11. Quarte Engage : 1, Double, disengage, and lunge ; 2, Resume guard, parry counter quarte, cut, chassey tierce, and return.
12. Tierce Engage : 1, Double, disengage, and lunge ; 2, Resume guard, parry counter tierce, cut, chassey quarte, and return.
13. Quarte Engage : 1, Mark 1—2, deceive counter tierce, and lunge ; 2, Resume guard, parry counter quarte, cut, chassey tierce, and return.
14. Tierce Engage : 1, Mark 1—2, deceive counter quarte, and lunge ; 2, Resume guard, parry counter tierce, cut, chassey quarte, and return.
15. Quarte Engage : 1, Double, re-double, and lunge ; 2, Resume guard, parry counter quarte, cut, chassey tierce, and return.
16. Tierce Engage : 1, Double, re-double, and lunge ; 2, Resume guard, parry counter tierce, cut, chassey quarte, and return.

REMARK.—By the 1st, 3d, 5th, 7th, 9th, 11th, 13th, and 15th attack the instructor will bring the blade of the pupil in line of quarte, and by the 2d, 4th, 6th, 8th, 10th, 12th, 14th, and 16th attack in line of tierce, and while the pupil resumes guard the instructor attacks by disengage.

TENTH LESSON.

1. Quarte Engage : 1, Extend and lunge ; 2, Resume guard, parry counter quarte, cut, and return into lower line.
2. Tierce Engage : 1, Extend and lunge ; 2, Resume guard, parry counter quarte, cut, and return into lower line.
3. Quarte Engage : 1, Disengage and lunge ; 2, Same parry and return.
4. Tierce Engage : 1, Disengage and lunge ; 2, do.
5. Quarte Engage : 1, Mark 1—2 and lunge ; 2, do.
6. Tierce Engage : 1, Mark 1—2 and lunge ; 2, do.
7. Quarte Engage : 1, Mark 1—2—3 and lunge ; 2, do.
8. Tierce Engage : 1, Mark 1—2—3 and lunge ; 2, do.
9. Quarte Engage : 1, Double and lunge ; 2, do.
10. Tierce Engage : 1, Double and lunge ; 2, do.
11. Quarte Engage : 1, Double, disengage, and lunge ; 2, do.
12. Tierce Engage : 1, Double, disengage, and lunge ; 2, do.

13. Quarte Engage: 1, Mark 1—2, deceive counter tierce,
and lunge; 2, do.
14. Tierce Engage: 1, Mark 1—2, deceive counter quarte,
and lunge; 2, do.
15. Quarte Engage: 1, Double, re-double, and lunge; 2, do.
16. Tierce Engage: 1, Double, re-double, and lunge; 2, do.

REMARK.—By each attack the instructor will bring the blade of the pupil in line of quarte, and while the pupil resumes guard the instructor attacks by a disengage.

ELEVENTH LESSON.

1. Quarte Engage: 1, Extend and lunge; 2, Resume guard, parry prime (high), and return.
2. Tierce Engage: 1, Extend and lunge; 2, Resume guard, parry prime (high), and return.
3. Quarte Engage: 1, Disengage and lunge; 2, Same parry and return.
4. Tierce Engage: 1, Disengage and lunge; do.
5. Quarte Engage: 1, Mark 1—2 and lunge; 2, do.
6. Tierce Engage: 1, Mark 1—2 and lunge; 2, do.
7. Quarte Engage: 1, Mark 1—2—3 and lunge; 2, do.
8. Tierce Engage: 1, Mark 1—2—3 and lunge; 2, do.
9. Quarte Engage: 1, Double and lunge; 2, do.
10. Tierce Engage: 1, Double and lunge; 2, do.
11. Quarte Engage: 1, Double, disengage, and lunge; 2, do.
12. Tierce Engage: 1, Double, disengage, and lunge; 2, do.
13. Quarte Engage: 1, Mark 1—2, deceive counter tierce,
and lunge; 2, do.
14. Tierce Engage: 1, Mark 1—2, deceive counter quarte,
and lunge; 2, do.
15. Quarte Engage: 1, Double, re-double, and lunge; 2, do.
16. Tierce Engage: 1, Double, re-double, and lunge; 2, do.

REMARK.—By each attack the instructor will bring the blade of the pupil in line of tierce, and while the pupil resumes guard the instructor attacks by a disengage.

TWELFTH LESSON.

1. Quarte Engage: 1, Extend and lunge; 2, Resume guard, parry prime (low), cut, and return.
2. Tierce Engage: 1, Extend and lunge; 2, Resume guard, parry prime (low), cut, and return.
3. Quarte Engage: 1, Disengage and lunge; 2, Same parry and return.
4. Tierce Engage: 1, Disengage and lunge; 2, do.
5. Quarte Engage: 1, Mark 1—2 and lunge; 2, do.
6. Tierce Engage: 1, Mark 1—2 and lunge; 2, do.
7. Quarte Engage: 1, Mark 1—2—3 and lunge; 2, do.
8. Tierce Engage: 1, Mark 1—2—3 and lunge; 2, do.
9. Quarte Engage: 1, Double and lunge; 2, do.
10. Tierce Engage: 1, Double and lunge; 2, do.
11. Quarte Engage: 1, Double, disengage, and lunge; 2, do.
12. Tierce Engage: 1, Double, disengage, and lunge; 2, do.

13. Quarte Engage: 1, Mark 1—2, deceive counter tierce, and lunge; 2, do.
14. Tierce Engage: 1, Mark 1—2, deceive counter quarte, and lunge; 2, do.
15. Quarte Engage: 1, Double, re-double, and lunge; 2, do.
16. Tierce Engage: 1, Double, re-double, and lunge; 2, do.

REMARK.—By each attack the instructor will bring the blade of the pupil in line of tierce, and while the pupil resumes guard the instructor attacks by a disengage.

THIRTEENTH LESSON.

1. Quarte Engage: 1, Mark 1—2 and lunge; 2, Resume guard, parry tierce, quarte, and return.
2. Tierce Engage: 1, Mark 1—2 and lunge; 2, Resume guard, parry quarte, tierce, and return.
3. Quarte Engage: 1, Mark 1—2 and lunge; 2, Resume guard, parry tierce, counter tierce, and return.
4. Tierce Engage: 1, Mark 1—2 and lunge; 2, Resume guard, parry quarte, counter quarte, and return.
5. Quarte Engage: 1, Mark 1—2 and lunge; 2, Resume guard, parry tierce, quinte, and return.
6. Tierce Engage: 1, Mark 1—2 and lunge; 2, Resume guard, parry tierce, prime (high), and return.
7. Quarte Engage: 1, Mark 1—2 and lunge; 2, Resume guard, parry tierce, prime (low), cut, and return.
8. Tierce Engage: 1, Mark 1—2 and lunge; 2, Resume guard, parry tierce, chassey quarte, and return.
9. Quarte Engage: 1, Mark 1—2 and lunge; 2, Resume guard, parry quarte, chassey tierce, and return.
0. Tierce Engage: 1, Mark 1—2 and lunge; 2, Resume guard, parry tierce, counter chassey tierce, and return.
1. Quarte Engage: 1, Mark 1—2 and lunge; 2, Resume guard, parry quarte, counter chassey quarte, and return.

REMARK.—By the 1st, 3d, 5th, 6th, 7th, 8th, and 10th attack the instructor will bring the blade of the pupil in line of quarte, and by the 2d, 4th, 9th, and 11th attack in line of tierce, and while the pupil resumes guard the instructor attacks by 1—2.

FOURTEENTH LESSON.

1. Quarte Engage: 1, Double and lunge; 2, Resume guard, parry counter quarte, tierce, and return.
2. Tierce Engage: 1, Double and lunge; 2, Resume guard, parry counter tierce, quarte, and return.
3. Quarte Engage: 1, Double and lunge; 2, Resume guard, parry two counter quartes, and return.
4. Tierce Engage: 1, Double and lunge; 2, Resume guard, parry two counter tierces, and return.
5. Quarte Engage: 1, Double and lunge; 2, Resume guard, parry counter tierce, quinte, and return.
6. Tierce Engage: 1, Double and lunge; 2, Resume guard, parry counter tierce, prime (high), and return.

7. Quarte Engage: 1, Double and lunge; 2, Resume guard, parry counter tierce, prime (low), cut, and return.
8. Tierce Engage: 1, Double and lunge; 2, Resume guard, parry counter quarte, chassey tierce, and return.
9. Quarte Engage: 1, Double and lunge; 2, Resume guard, parry counter tierce, chassey quarte, and return.
10. Tierce Engage: 1, Double and lunge; 2, Resume guard, parry counter quarte, counter chassey quarte, and return.
11. Quarte Engage: 1, Double and lunge; 2, Resume guard, parry counter tierce, counter chassey tierce, and return.

REMARK.—By the 1st, 3d, 8th, and 10th attack the instructor will bring the blade of the pupil in line of quarte, and by the 2d, 4th, 5th, 6th, 7th, 9th, and 11th attack in line of tierce, and while the pupil resumes guard the instructor attacks by double.

FIFTEENTH LESSON.

1. Quarte Engage: 1, Feint lower quarte, deceive lower quarte, and lunge; 2, Resume guard, parry lower quarte, lower tierce, and return.
2. Tierce Engage: 1, Feint lower tierce, deceive lower tierce, and lunge; 2, Resume guard, parry lower tierce, lower quarte, and return.
3. Quarte Engage: 1, Feint lower quarte, deceive lower quarte, and lunge; 2, Resume guard, parry lower quarte, counter lower quarte, and return.
4. Tierce Engage: 1, Feint lower tierce, deceive lower tierce, and lunge; 2, Resume guard, parry lower tierce, counter lower tierce, and return.
5. Quarte Engage: 1, Feint lower quarte, deceive lower quarte, and lunge; 2, Resume guard, parry lower quarte, encircle counter lower quarte, and return.
6. Tierce Engage: 1, Feint lower tierce, deceive lower tierce, and lunge; 2, Resume guard, parry lower tierce, encircle counter lower tierce, and return.
7. Quarte Engage: 1, Feint lower quarte, deceive lower quarte into high line, and lunge; 2, Resume guard, parry lower quarte, quarte, and return.
8. Tierce Engage: 1, Feint lower tierce, deceive lower tierce into high line, and lunge; 2, Resume guard, parry lower tierce, tierce, and return.
9. Quarte Engage: 1, Feint lower quarte, deceive lower quarte into high line, and lunge; 2, Resume guard, parry lower quarte, tierce, and return.
10. Tierce Engage: 1, Feint lower tierce, deceive lower tierce into high line, and lunge; 2, Resume guard, parry lower tierce, quarte, and return.
11. Tierce Engage: 1, Feint seconde, deceive seconde, and lunge; 2, Resume guard, parry seconde, tierce, and return.
12. Tierce Engage: 1, Feint seconde, deceive seconde, and lunge; 2, Resume guard, parry seconde, quarte, and return.

13. Quarte Engage: 1, Double into lower line and lunge; 2, Resume guard, parry counter quarte, lower quarte, and return.
14. Tierce Engage: 1, Double into lower line and lunge; 2, Resume guard, parry counter tierce, lower tierce, and return.
15. Tierce Engage: 1, Double into lower line and lunge; 2, Resume guard, parry counter tierce, seconde, and return into high line.
16. Quarte Engage: 1, Double into lower line and lunge; 2, Resume guard, parry counter quarte, encircle lower quarte, and return.
17. Tierce Engage: 1, Double into lower line and lunge; 2, Resume guard, parry counter tierce, encircle lower tierce, and return.

REMARK.—By the 1st, 3d, 5th, 7th, 9th, 13th, and 16th attack the instructor will bring the blade of the pupil in line of quarte, and by the 2d, 4th, 6th, 8th, 10th, 12th, 14th, 16th, and 17th attack in line of tierce, and while the pupil resumes guard the instructor will attack after the 1st, 3d, and 5th attack by feint of lower quarte and deceive lower quarte; by the 2d, 4th, and 6th attack, feint of lower tierce and deceive lower tierce; by the 7th, 8th, 9th, 11th, and 12th attack, feint in lower line and deceive in high line; and by the 13th, 14th, 15th, 16th, and 17th attack, double into lower line.

SIXTEENTH LESSON.

1. Quarte Engage: 1, Mark 1—2—3 and lunge; 2, Resume guard, parry tierce, quarte, tierce, and return.
2. Tierce Engage: 1, Mark 1—2—3 and lunge; 2, Resume guard, parry quarte, tierce, quarte, and return.
3. Quarte Engage: 1, Mark 1—2—3 and lunge; 2, Resume guard, parry tierce, quarte, counter quarte, and return.
4. Tierce Engage: 1, Mark 1—2—3 and lunge; 2, Resume guard, parry quarte, tierce, counter tierce, and return.
5. Tierce Engage: 1, Mark 1—2—3 and lunge; 2, Resume guard, parry quarte, tierce, quinte, and return.
6. Quarte Engage: 1, Mark 1—2—3 and lunge; 2, Resume guard, parry tierce, quarte, chassey tierce, and return.
7. Tierce Engage: 1, Mark 1—2—3 and lunge; 2, Resume guard, parry quarte, tierce, chassey quarte, and return.
8. Quarte Engage: 1, Mark 1—2—3 and lunge; 2, Resume guard, parry tierce, quarte, counter chassey quarte, and return.
9. Tierce Engage: 1, Mark 1—2—3 and lunge; 2, Resume guard, parry quarte, tierce, counter chassey tierce, and return.
10. Tierce Engage: 1, Mark 1—2—3 and lunge; 2, Resume guard, parry quarte, tierce, prime (high), and return.
11. Tierce Engage: 1, Mark 1—2—3 and lunge; 2, Resume guard, parry quarte, tierce, prime (low), cut, and return.

REMARK.—By the 1st, 3d, 6th, and 8th attack the instructor will bring the blade of the pupil in line of quarte, and by the 2d, 4th, 5th, 7th, 9th, 10th, and 11th attack in line of tierce, and while the pupil resumes guard the instructor attacks by 1—2—3.

SEVENTEENTH LESSON.

1. Quarte Engage: 1, Double, disengage, and lunge; 2, Resume guard, parry counter quarte, tierce, quarte, and return.

2. Tierce Engage: 1, Double, disengage, and lunge; 2, Resume guard, parry counter tierce, quarte, tierce, and return.
3. Quarte Engage: 1, Double, disengage, and lunge; 2, Resume guard, parry counter quarte, tierce, counter tierce, and return.
4. Tierce Engage: 1, Double, disengage, and lunge; 2, Resume guard, parry counter tierce, quarte, counter quarte, and return.
5. Quarte Engage: 1, Double, disengage, and lunge; 2, Resume guard, parry counter quarte, tierce, chassey quarte, and return.
6. Tierce Engage: 1, Double, disengage, and lunge; 2, Resume guard, parry counter tierce, quarte, chassey tierce, and return.
7. Quarte Engage: 1, Double, disengage, and lunge; 2, Resume guard, parry counter quarte, tierce, counter chassey tierce, and return.
8. Tierce Engage: 1, Double, disengage, and lunge; 2, Resume guard, parry counter tierce, quarte, counter chassey quarte, and return.
9. Quarte Engage: 1, Double, disengage, and lunge; 2, Resume guard, parry counter quarte, tierce, quinte, and return.
10. Quarte Engage: 1, Double, disengage, and lunge; 2, Resume guard, parry counter quarte, tierce, prime (high), and return.
11. Quarte Engage: 1, Double, disengage, and lunge; 2, Resume guard, parry counter quarte, tierce, prime (low), cut, and return.

REMARK.—By the 1st, 3d, 5th, 7th, 9th, 10th, and 11th attack the instructor will bring the blade of the pupil in line of quarte, and by the 2d, 4th, 6th, and 8th attack in line of tierce, and while the pupil resumes guard the instructor attacks by "Double and disengage."

EIGHTEENTH LESSON.

1. Quarte Engage: 1, Mark 1—2, deceive counter tierce, and lunge; 2, Resume guard, parry tierce, counter tierce, quarte, and return.
2. Tierce Engage: 1, Mark 1—2, deceive counter quarte, and lunge; 2, Resume guard, parry quarte, counter quarte, tierce, and return.
3. Quarte Engage: 1, Mark 1—2, deceive counter tierce, and lunge; 2, Resume guard, parry tierce, two counter tierces, and return.
4. Tierce Engage: 1, Mark 1—2, deceive counter quarte, and lunge; 2, Resume guard, parry quarte, two counter quartes, and return.
5. Quarte Engage: 1, Mark 1—2, deceive counter tierce, and lunge; 2, Resume guard, parry tierce, counter tierce, chassey quarte, and return.
6. Tierce Engage: 1, Mark 1—2, deceive counter quarte, and lunge; 2, Resume guard, parry quarte, counter quarte, chassey tierce, and return.
7. Quarte Engage: 1, Mark 1—2, deceive counter tierce, and lunge; 2, Resume guard, parry tierce, counter tierce, counter chassey tierce, and return.
8. Tierce Engage: 1, Mark 1—2, deceive counter quarte, and lunge; 2, Resume guard, parry quarte, counter quarte, counter chassey quarte, and return.
9. Quarte Engage: 1, Mark 1—2, deceive counter tierce, and lunge; 2, Resume guard, parry tierce, counter tierce, quinte, and return.
10. Quarte Engage: 1, Mark 1—2, deceive counter tierce, and lunge; 2, Resume guard, parry tierce, counter tierce, prime (high), and return.

11. Quarte Engage: 1, Mark 1—2, deceive counter tierce, and lunge; 2, Resume guard, parry tierce, counter tierce, prime (low), cut and return.

REMARK.—By the 1st, 3d, 5th, 7th, 9th, 10th, and 11th attack the instructor will bring the blade of the pupil in line of quarte and by the 2d, 4th, 6th, and 8th attack in line of tierce, and while the pupil resumes guard the instructor attacks according to the parries of the pupil.

NINETEENTH LESSON.

1. Quarte Engage: 1, Double, re-double, and lunge, 2, Resume guard, parry counter quarte, tierce, counter tierce, quarte, and return.
2. Tierce Engage: 1, Double, re-double, and lunge; 2, Resume guard, parry counter tierce, counter quarte tierce, and return.
3. Quarte Engage: 1, Double, re-double, and lunge; 2, Resume guard, parry counter quarte, two counter of tierce, and return.
4. Tierce Engage: 1, Double, re-double, and lunge; 2, Resume guard, and parry counter tierce, quarte, two counter of quarte, and return.
5. Quarte Engage: 1, Double, re-double and lunge; 2, Resume guard, parry counter quarte, tierce, counter tierce, chassey quarte, and return.
6. Tierce Engage: 1, Double, re-double and lunge; 2, Resume guard, parry counter tierce, quarte, counter quarte, chassey tierce, and return.
7. Quarte Engage: 1, Double, re-double, and lunge; 2, Resume guard, parry counter quarte, tierce, counter tierce, counter chassey tierce, and return.
8. Tierce Engage: 1, Double, re-double, and lunge; 2, Resume guard, parry counter tierce, quarte, counter quarte, counter chassey quarte, and return.
9. Quarte Engage: 1, Double, re-double, and lunge; 2, Resume guard, parry counter quarte, tierce, counter tierce, quinte, and return.
10. Quarte Engage: 1, Double, re-double, and lunge; 2, Resume guard, parry counter quarte, tierce, counter tierce, prime (high), and return.
11. Quarte Engage: 1, Double, re-double, and lunge; 2, Resume guard, parry counter quarte, tierce, counter tierce, prime (low), cut, and return.

REMARK.—By the 1st, 3d, 5th, 7th, 9th, 10th, and 11th attack the instructor will bring the blade of the pupil in line of quarte and by the 2d, 4th, 6th, and 8th attack in line of tierce, and while the pupil resumes guard the instructor attacks according to the parries of the pupil.

TWENTIETH LESSON.

1. Quarte Engage: 1, Double into lower line, deceive lower quarte, and lunge; 2, Resume guard, parry counter quarte, lower quarte, lower tierce, and return.
2. Tierce Engage: 1, Double into lower line, deceive lower tierce, and lunge; 2, Resume guard, parry counter tierce, lower tierce, lower quarte, and return.
3. Quarte Engage: 1, Double into lower line, deceive lower quarte, and lunge; 2, Resume guard, parry counter quarte, lower quarte, encircle lower tierce, and return.

4. Tierce Engage: 1, Double into lower line, deceive lower tierce, and lunge; 2, Resume guard, parry counter tierce, lower tierce, encircle lower quarte, and return.
5. Quarte Engage: 1, Double into lower line, deceive lower quarte, and lunge; 2, Resume guard, parry counter quarte, lower quarte, counter lower quarte, and return.
6. Tierce Engage: 1, Double into lower line, deceive lower tierce, and lunge; Resume guard, parry counter tierce, lower tierce, counter lower tierce, and return.
7. Quarte Engage: 1, Double into lower line, deceive lower quarte, and lunge; 2, Resume guard, parry counter quarte, lower quarte, encircle counter lower quarte, and return.
8. Tierce Engage: 1, Double into lower line, deceive lower tierce, and lunge; 2, Resume guard, parry counter tierce, lower tierce, encircle counter lower tierce, and return.
9. Tierce Engage: 1, Double into lower line, deceive lower tierce; 2, Resume guard, parry counter tierce, seconde, prime (low), cut, and return.

REMARK.—By the 1st, 3d, 5th, and 7th attack the instructor will bring the blade of the pupil in line with quarte and by the 2d, 4th, 6th, 8th, and 9th attack in line with tierce, and while the pupil resumes guard the instructor attacks according to the parries of the pupil.

TWENTY-FIRST LESSON.

Engagement Quarte.

1. 1, Disengage and lunge; 2, Resume guard, parry tierce, and return.
2. 1, Disengage and lunge; 2, Resume guard, parry tierce, counter tierce, and return.
3. 1, Disengage and lunge; 2, Resume guard, parry tierce, quarte, and return.
4. 1, Disengage and lunge; 2, Resume guard, parry tierce, quarte, counter quarte, and return.
5. 1, Disengage and lunge; 2, Resume guard, parry tierce, quarte, lower quarte, and return.
6. 1, Disengage and lunge; 2, Resume guard, parry tierce, quarte, lower quarte, counter lower quarte, and return.
7. 1, Disengage and lunge; 2, Resume guard, parry tierce, quarte, lower quarte, lower tierce, and return.
8. 1, Disengage and lunge; 2, Resume guard, parry tierce, quarte, lower quarte, lower tierce, counter lower tierce, and return.
9. 1, Disengage and lunge; 2, Resume guard, parry tierce, counter tierce, quarte, counter quarte, lower quarte, counter lower quarte, lower tierce, counter lower tierce, and return.

REMARK.—By each attack the instructor will bring the blade of the pupil in line of quarte, and while the pupil resumes guard he will attack according to the parries of the pupil.

TWENTY-SECOND LESSON.

Engagement Tierce.

1. 1, Disengage and lunge; 2, Resume guard, parry quarte, and return.
2. 1, Disengage and lunge; 2, Resume guard, parry quarte, counter quarte, and return.

3. 1, Disengage and lunge; 2, Resume guard, parry quarte, tierce, and return.
4. 1, Disengage and lunge; 2, Resume guard, parry quarte, tierce, counter tierce, and return.
5. 1, Disengage and lunge; 2, Resume guard, parry quarte, tierce, lower tierce, and return.
6. 1, Disengage and lunge; 2, Resume guard, parry quarte, tierce, lower tierce, counter lower tierce, and return.
7. 1, Disengage and lunge; 2, Resume guard, parry quarte, tierce, lower tierce, lower quarte, and return.
8. 1, Disengage and lunge; 2, Resume guard, parry quarte, tierce, lower tierce, lower quarte, counter lower quarte, and return.
9. 1, Disengage and lunge; 2, Resume guard, parry quarte, counter quarte, tierce, counter tierce, lower tierce, counter lower tierce, lower quarte, counter lower quarte, and return.

REMARK.—By each attack the instructor will bring the blade of the pupil in line of tierce, and while the pupil resumes guard he will attack according to the parries of the pupil.

TWENTY-THIRD LESSON.

Engagement Quarte.

1. 1, Mark 1—2 and lunge; 2, Resume guard, parry lower quarte, and return.
2. 1, Mark 1—2 and lunge; 2, Resume guard, parry lower quarte, counter lower quarte, and return.
3. 1, Mark 1—2 and lunge; 2, Resume guard, parry lower quarte, lower tierce, and return.
4. 1, Mark 1—2 and lunge; 2, Resume guard, parry lower quarte, lower tierce, counter lower tierce, and return.
5. 1, Mark 1—2 and lunge; 2, Resume guard, parry lower quarte lower tierce, tierce, and return.
6. 1, Mark 1—2 and lunge; 2, Resume guard, parry lower quarte, lower tierce, tierce, counter tierce, and return.
7. 1, Mark 1—2 and lunge; 2, Resume guard, parry lower quarte, lower tierce, tierce, quarte, and return.
8. 1, Mark 1—2 and lunge; 2, Resume guard, parry lower quarte, lower tierce, tierce, quarte, counter quarte, and return.
9. 1, Mark 1—2 and lunge; 2, Resume guard, parry lower quarte, counter lower quarte, lower tierce, counter lower tierce, tierce, counter tierce, counter quarte, and return.

REMARK.—By each attack the instructor will bring the blade of the pupil in line of quarte, and while the pupil resumes guard he will attack according to the parries of the pupil.

TWENTY-FOURTH LESSON.

Engagement Tierce.

1. 1, Mark 1—2 and lunge; 2, Resume guard, parry lower tierce, and return.
2. 1, Mark 1—2 and lunge; 2, Resume guard, parry lower tierce, counter lower tierce, and return.
3. 1, Mark 1—2 and lunge; 2, Resume guard, parry lower tierce, lower quarte, and return.

4. 1, Mark 1—2 and lunge ; 2, Resume guard, parry lower tierce, lower quarte, counter lower quarte, and return.
5. 1, Mark 1—2 and lunge ; 2, Resume guard, parry lower tierce, lower quarte, quarte, and return.
6. 1, Mark 1—2 and lunge ; 2, Resume guard, parry lower tierce, lower quarte, quarte, counter quarte, and return.
7. 1, Mark 1—2 and lunge ; 2, Resume guard, parry lower tierce, lower quarte, quarte, tierce, and return.
8. 1, Mark 1—2 and lunge ; 2, Resume guard, parry lower tierce, lower quarte, quarte, tierce, counter tierce, and return.
9. 1, Mark 1—2 and lunge ; 2, Resume guard, parry lower tierce, counter lower tierce, lower quarte, counter lower quarte, quarte, counter quarte, tierce, counter tierce, and return.

REMARK.—By each attack the instructor will bring the blade of the pupil in line of tierce, and while the pupil resumes guard he will attack according to the parries of the pupil.

THE FOLLOWING
SUPPLEMENTARY QUESTIONS TO THE CATECHISM

HAVE BEEN KINDLY SUBMITTED FOR INSERTION AFTER PAGE 11
BY PROF. GEO. WITTICH, DIRECTOR NORMAL SCHOOL OF N. A. G. U.

QUESTION: 55. What is a feint in the line and how is it parried?

ANSWER: A feint in the line is a false thrust in the engaged line, no matter which, with the intention of causing the opponent to parry. It is parried by moving only the point of the foil horizontally in the direction of the feint until parallel with the hand.

QUESTION: 56. What is a feint in line and disengage, and how can this attack be parried?

ANSWER: The feint object and parry is explained in Question 55. The disengage follows the feint without rebending the arm the moment the feint is taken by the opponent.

The disengage can be parried by simple opposition or counter parry.

QUESTION: 57. What is a mark 1—2 and mark 1—2—3, and how can these attacks be parried?

ANSWER: A mark 1—2 consists of a feint of disengage and a disengage with lunge. The mark 1—2—3 consists of two feints of disengage and a disengage with lunge. The mark 1—2 can be parried by simple opposition or by simple opposition and counter. The mark 1—2—3 can be parried by simple opposition or by two simple oppositions and counter.

QUESTION: 58. What is a double and how can it be parried?

ANSWER: A double consists of a feint of disengage and a disengage with lunge, same as the mark 1—2. But the feint of the double is parried by counter and the disengage can be parried by counter or simple parry.



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